Ba Be National Park Trekking & Caving Expedition – 3 Days

3D / 2N	Moderate	Private	USD 279 / pax
Duration	Difficulty	Tour Type	Starting From

Journey into the heart of Ba Be National Park for a 3-day adventure. Discover ancient caves, paddle across Vietnam's largest freshwater lake, and trek through dense jungle landscapes, experiencing local Tay culture.

DESTINATIONS & ROUTE

Hanoi

TOUR OVERVIEW

Embark on an invigorating three-day journey to Ba Be National Park, a pristine natural sanctuary in Northern Vietnam. This expedition is designed for adventurers eager to connect with nature, offering a blend of exhilarating outdoor activities and cultural immersion. From the moment you depart Hanoi, you'll be transported to a world of towering limestone karsts, emerald waters, and verdant jungles.

Your adventure begins with a scenic drive through rural landscapes, leading to the tranquil Ba Be Lake. Here, you'll navigate the calm waters by kayak and motorboat, exploring the impressive Puong Cave. The following day brings a challenging trek to the remote Tham Phay Cave, a geological marvel featuring ancient stalactites and stalagmites. The final day culminates in a jungle hike, revealing hidden pathways and a visit to the sacred An Ma Temple before your return to Hanoi.

Adventure Highlights

Paddle a kayak on the serene Ba Be Lake, surrounded by dramatic scenery.

Explore the vast chambers of Puong Cave, home to unique rock formations and bat colonies.

Undertake a guided trek to the secluded Tham Phay Cave, discovering its intricate underground landscapes.

Experience an authentic homestay with a local Tay family, learning about their customs.

Hike through the biodiverse jungles of Ba Be National Park, observing diverse flora and fauna.

Visit the peaceful An Ma Temple, a significant cultural site on a tranquil island.

Journey Through Ba Be

This tour delves deep into Ba Be National Park, Vietnam's largest natural freshwater lake area. The route is focused entirely within this region, allowing for thorough exploration of its unique ecosystems. You'll travel from Hanoi to the park, spending two nights amidst its natural beauty, before concluding your journey back in the capital.

Who Will Love This Tour

This trip is ideal for active travelers who appreciate nature, enjoy moderate to challenging physical activities like trekking and caving, and are interested in experiencing local culture. It suits those seeking an escape from urban environments into a tranquil, wild setting.

Essential Information

The tour includes all specified meals, comfortable accommodation, and transportation from Hanoi. An experienced English-speaking guide will accompany you throughout, ensuring a safe and informative experience. All necessary caving and kayaking equipment, along with entrance fees, are covered.

TOUR HIGHLIGHTS

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* Paddle a kayak on the serene Ba Be Lake, surrounded by dramatic limestone karsts and lush greenery.
* Explore the vast chambers of Puong Cave by boat, observing impressive stalactites and resident bat colonies.
* Undertake a challenging trek through dense jungle to the remote Tham Phay Cave.
* Discover intricate stalagmites and stalactites within Tham Phay Cave during a guided exploration.
* Experience an authentic homestay with a local Tay family, gaining insight into their traditions and daily life.
* Hike through the biodiverse landscapes of Ba Be National Park, identifying unique flora and fauna.
* Visit the sacred An Ma Temple, a cultural landmark situated on a tranquil island within the lake.

DAY-BY-DAY ITINERARY

Day 1 — Hanoi Arrival & Ba Be Lake Exploration

Meals: Lunch, Dinner | Stay: Hotel in Ba Be | Transport: AC vehicle, Kayak, Motorboat

Your adventure begins promptly at 07:30 with a pick-up from your Hanoi hotel. A comfortable vehicle will transport you on a picturesque five-hour journey through Northern Vietnam's captivating countryside. Witness sprawling rice fields, charming traditional villages, and dramatic limestone formations along the way. A lunch break will be provided to ensure you are refreshed and ready for the day's activities.

Upon reaching Boc Lom Pier, you'll receive a brief introduction to kayaking techniques and essential safety gear. From there, you'll embark on a tranquil boat journey along the Nang River, leading to the magnificent Puong Cave. Inside, marvel at the impressive stalactites and observe the resident bat colonies. Following your cave exploration, you'll have the option to return to Ba Be Lake by motorboat and enjoy a refreshing swim in its calm, emerald waters, surrounded by pristine natural beauty.

As evening approaches, you'll arrive at Mr. Linh's Ba Be - Jungle Lake House, your accommodation for the night. A delightful BBQ dinner awaits, prepared with fresh, locally sourced ingredients. This peaceful setting offers a perfect opportunity to unwind and share stories of your day's discoveries under the starlit sky before retiring to your room.

Activities:
Hotel pick-up in Hanoi
Scenic drive to Ba Be National Park
Lunch en route
Kayak training and equipment briefing
Boat trip along Nang River
Explore Puong Cave by boat and kayak
Optional swimming in Ba Be Lake
BBQ dinner at Mr. Linh's Ba Be - Jungle Lake House

Day 2 — Tham Phay Cave Trekking Expedition

Meals: Breakfast, Lunch, Dinner | Stay: Hotel in Ba Be | Transport: AC vehicle

The second day commences with a convenient pick-up from your accommodation between 07:00 and 07:30, followed by a

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quick briefing for the day's expedition. A thirty-minute drive through the stunning landscapes of Ba Be National Park will bring you to the starting point of your trek towards Tham Phay Cave, a true hidden gem of the park.

Your hike begins with an ascent along a steep trail, winding through lush forests where you might encounter unique plant species and hear the sounds of local wildlife. The path gradually transforms into more challenging, rugged terrain with rocky sections. An experienced local guide will lead the way, ensuring your safety while sharing fascinating insights into the area's natural and geological features. Before entering the cave, a snack break will provide an energy boost.

Inside Tham Phay Cave, you'll be captivated by dramatic stalagmites and stalactites, along with intricate rock formations that have developed over millions of years. Your guide will illuminate the cave's geological history as you navigate its complex passages. The exploration, lasting approximately five hours, includes breaks for snacks and water. You will also venture into a second section of the cave system, known for its dangerous sinkholes and thermal flows at the bottom. After thoroughly admiring this underground wonder, you will return to the pick-up point, concluding a thrilling day of trekking and caving.

Activities:
- Morning pick-up and briefing
- Drive to Tham Phay Cave trekking start point
- Trek through lush forests on rugged paths
- Snack break at cave entrance
- Explore Tham Phay Cave, observing stalactites and stalagmites
- Navigate maze-like passages and a second cave path
- Return trek to pick-up point

Day 3 — Jungle Trek to An Ma Temple & Return to Hanoi

Meals: Breakfast, Lunch | Stay: NA | Transport: AC vehicle

Start your final day in Ba Be National Park with a hearty breakfast at your accommodation around 07:30, preparing for the concluding adventure. From Bo Lu Village, your guide will lead you on a picturesque trek through the park's vibrant jungle. As you traverse this rich ecosystem, admire the diverse plant life, from towering ancient trees to colorful bird species whose calls fill the air.

The trail leads to Tham Khit pathways, guiding you towards an ancient cave. Along the way, you can stroll around the lake to reach animal observation huts near the ranger station, offering panoramic views. The hike continues for approximately two kilometers until you arrive at the historic An Ma Temple, a revered Tay cultural site located on a serene island. Take time to explore its peaceful grounds, absorb its spiritual atmosphere, and learn about the temple's significance from your guide.

Following your visit, you will return to your accommodation for a delicious farewell lunch, savoring your final meal in the tranquil setting of Ba Be National Park. After lunch, you will begin your return journey to Hanoi, concluding your memorable three-day expedition.

Activities:
- Breakfast at homestay
- Jungle trek from Bo Lu Village
- Explore Tham Khit pathways to an ancient cave
- Stroll around the lake to animal observation huts
- Hike to An Ma Temple
- Explore An Ma Temple grounds
- Lunch at homestay

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Return drive to Hanoi

WHAT'S INCLUDED

INCLUDED

- v 2 Breakfasts, 3 Lunches, 2 Dinners
- v Hotel accommodation (2 nights)
- v AC vehicle for round-trip transportation from selected hotels
- v Accommodation at Tay's houses in Ba Be National Park
- v Experienced English-speaking guide
- v Bottled water
- v All sightseeing tickets and travel permits
- v Kayak & boat tour on Ba Be Lake
- v Safety and caving equipment: caving helmets, caving headlights, basic canvas hiking boots, gloves
- v First Aid Kit and Medical Rescue Equipment
- v No extra charge after confirmation

NOT INCLUDED

- x International airfare
- x Early check-in and late check-out
- x Peak season surcharges and compulsory gala dinners (if applicable)
- x Visa (passport valid for at least 6 months with a minimum of 3 blank visa pages)
- x Personal expenses (tips, laundry, gratuities, etc.)
- x Meals and drinks not mentioned in the itinerary

PRICE INCLUDES

- v 2 Breakfasts, 3 Lunches, 2 Dinners
- v Hotel accommodation (2 nights)
- v AC vehicle for round-trip transportation from selected hotels
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CANCELLATION POLICY

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