

Mekong Delta Cycling & Floating Markets to Phnom Penh – 5 Days

5D / 4N

Duration

Easy

Difficulty

Private

Tour Type

USD 351 / pax

Starting From

Discover the vibrant Mekong Delta by bicycle and boat, exploring floating markets, local crafts, and island life before a scenic speedboat transfer to Phnom Penh.

DESTINATIONS & ROUTE

Ho Chi Minh City → Vinh Long → Can Tho → Chau Doc → Phnom Penh

TOUR OVERVIEW

Embark on an exhilarating 5-day cycling and cultural exploration through the heart of the Mekong Delta, culminating in a journey to Cambodia's capital. This tour offers an intimate perspective of southern Vietnam's lush landscapes, intricate waterways, and rich local traditions. Pedal through verdant fruit orchards and rice paddies, witness the lively commerce of floating markets, and experience authentic homestay hospitality.

The adventure begins with an exploration of Cai Be's bustling floating market and traditional craft villages, followed by picturesque cycling on An Binh Island. Continue your two-wheeled journey through the countryside, observing daily life and agricultural practices as you make your way to Can Tho and Long Xuyen. Highlights include the famous Cai Rang floating market and a tranquil ride around Tiger Island.

Designed for active travelers who wish to connect deeply with the Mekong's unique environment and culture, this tour combines moderate cycling with comfortable transfers and authentic local experiences. You'll gain insights into rural Vietnamese life, savor regional cuisine, and enjoy the serene beauty of the delta's islands and waterways.

The expedition concludes with a memorable speedboat ride from Chau Doc, offering stunning river views as you transition from Vietnam to the historic city of Phnom Penh, Cambodia.

TOUR HIGHLIGHTS

- ★ Cycle through the scenic fruit orchards and quiet canals of An Binh Island.
- ★ Witness the vibrant exchange of goods at the Cai Be and Cai Rang floating markets.
- ★ Experience authentic Mekong Delta culture with a homestay on An Binh Island and Tiger Island.
- ★ Observe traditional Vietnamese crafts, including pop rice, rice paper, and coconut candy production.
- ★ Pedal along tranquil countryside roads, passing vast rice fields and local farming communities.
- ★ Enjoy a scenic speedboat journey from Chau Doc, Vietnam, directly to Phnom Penh, Cambodia.

DAY-BY-DAY ITINERARY

Day 1

Saigon Departure, Cai Be Floating Market & An Binh Island Cycling

Meals: L,D | Stay: Homestay (Vinh Long) | Transport: Private car, boat, bicycle

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Your journey begins with a morning pickup from your hotel in Ho Chi Minh City, followed by a comfortable drive to Cai Be. Upon arrival, you will board a traditional boat to explore the vibrant Cai Be Floating Market, observing local vendors trading their goods directly from their vessels. This offers a fascinating glimpse into the Mekong Delta's unique riverine commerce. The boat trip continues with visits to local workshops where you can witness the traditional processes of making pop rice, delicate rice paper, and sweet coconut candy. These stops provide insight into the region's artisanal heritage. Afterwards, the boat will transport you to the tranquil An Binh Island, a verdant oasis known for its lush fruit gardens. After enjoying a delicious lunch at a local house on the island, you will embark on a cycling excursion. Pedal along peaceful cement roads, shaded by fruit trees and winding alongside picturesque canals. This gentle ride allows you to experience the island's serene atmosphere and rural charm. The day concludes as you check into a welcoming homestay on An Binh Island, where the evening offers an opportunity for a hands-on cooking experience and engaging conversations with your host family, providing an authentic cultural immersion.

Activities: Drive to Cai Be, boat trip on Mekong River, visit Cai Be floating market, observe pop rice making, observe rice paper making, observe coconut candy making, boat to An Binh island, lunch at local house, cycle around An Binh island, check into homestay, participate in cooking, chat with host family

Day 2**Vinh Long Countryside Cycling to Can Tho**

Meals: B,L | Stay: Wink Hotel or Charmant Suites (Can Tho) | Transport: Boat, bicycle, ferry

After a hearty breakfast at your homestay, you will take a boat transfer from An Binh Island back to Vinh Long. From there, your cycling adventure resumes, taking you on a picturesque 40-kilometer ride along quiet countryside roads. This segment of the journey offers an intimate view of rural life, as you pass expansive rice fields and observe farmers engaged in their daily agricultural routines, providing a genuine connection to the local landscape and its people.

Midday, a stop will be made for lunch at a local restaurant situated in the Tam Binh district, allowing you to savor regional flavors and relax before continuing your ride. The afternoon involves cycling an additional 20 kilometers, leading you towards the bustling Can Tho ferry terminal. Here, you will cross the river, making your way to Can Tho, the largest city in the Mekong Delta.

Upon arrival in Can Tho, you will check into your hotel, providing a comfortable base for the evening. The day's cycling covers a significant distance, offering diverse scenery from tranquil farmlands to the energetic river crossings, culminating in the vibrant urban setting of Can Tho.

Activities: Breakfast at homestay, boat to Vinh Long, cycle 40km through countryside, observe farmer activities, lunch at local restaurant in Tam Binh, cycle 20km to Can Tho ferry, cross river to Can Tho, check into hotel

Day 3**Cai Rang Floating Market & Tiger Island Exploration**

Meals: B,L,D | Stay: Homestay (Long Xuyen) | Transport: Boat, bicycle

Begin your day with an early morning boat trip to the renowned Cai Rang Floating Market. This bustling market is one of the largest and most vibrant in the Mekong Delta, where hundreds of boats gather to trade fresh produce and local goods. Witness the lively atmosphere as vendors skillfully navigate their vessels and conduct business on the water, offering a unique cultural

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Following your market visit, you will embark on a scenic cycling route along small, winding roads that traverse the picturesque countryside. This ride will lead you to a tranquil bird sanctuary, providing an opportunity to observe local avian species in their natural habitat and appreciate the serene biodiversity of the region. The peaceful rural setting offers a stark contrast to the earlier market bustle.

Lunch will be served at a local restaurant, allowing you to refuel with authentic Vietnamese cuisine. In the afternoon, your cycling journey continues towards Long Xuyen. Upon reaching Long Xuyen, you will take a boat to Tiger Island, a peaceful enclave known for its calm environment. Here, you will enjoy a leisurely ride around the island, soaking in the serene atmosphere and observing local life. The day concludes with an overnight stay at a homestay on Tiger Island, offering another chance for an immersive cultural experience.

Activities: Early morning boat trip to Cai Rang floating market, cycle countryside roads, visit bird sanctuary, lunch at local restaurant, cycle to Long Xuyen, boat to Tiger island, cycle around Tiger island, overnight at homestay

Day 4

Cycling from Tiger Island to Chau Doc

Meals: B,L | Stay: Chau Pho Hotel (Chau Doc) | Transport: Boat, bicycle

After breakfast at your homestay on Tiger Island, you will board a boat for a short transfer back to Long Xuyen. From Long Xuyen, your cycling adventure continues as you embark on a substantial ride towards Chau Doc. This segment of the tour allows you to cover significant ground, experiencing the changing landscapes of the Mekong Delta as you pedal through various rural areas.

The route to Chau Doc offers further opportunities to observe the daily rhythms of life in the Vietnamese countryside, from agricultural scenes to small local communities. You'll pass by diverse scenery, providing a deeper appreciation for the region's natural beauty and the resilience of its inhabitants. The cycling is designed to be engaging, allowing for a good pace while still providing ample chances to absorb your surroundings.

Upon your arrival in Chau Doc, a city known for its cultural diversity and proximity to the Cambodian border, you will check into your hotel. The remainder of the day is at your leisure to relax after the day's ride or to explore the immediate vicinity of your accommodation. You will spend the night in Chau Doc, preparing for the final leg of your journey into Cambodia.

Activities: Breakfast, boat to Long Xuyen, cycle to Chau Doc, check into hotel, overnight in Chau Doc

Day 5

Speedboat Journey to Phnom Penh

Meals: B | Transport: Speed boat

Your final day begins with an early morning departure from Chau Doc. At approximately 7:30 AM, you will board a comfortable speed boat for a scenic journey up the Mekong River towards Phnom Penh, the capital city of Cambodia. This riverine transfer offers a unique perspective of the landscapes along the border, gradually transitioning from the Vietnamese delta to Cambodian territory.

The speed boat ride typically lasts around 5 hours, providing ample time to relax and enjoy the views as you glide across the water. You'll witness river life unfold, with local boats, fishing villages, and lush riverbanks passing by. This method of travel is

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both efficient and picturesque, marking a distinct shift in your travel experience from the previous days of cycling. Upon arrival at the port in Phnom Penh, your tour services conclude. You will disembark in the heart of the Cambodian capital, ready to continue your onward travels or begin your exploration of this historic city. This marks the end of your immersive Mekong Delta cycling and cultural adventure.

Activities: Take speed boat from Chau Doc to Phnom Penh

WHAT'S INCLUDED

INCLUDED

- ✓ Private car transfers
- ✓ Private Boat in Mekong river
- ✓ Bicycle
- ✓ English speaking guide
- ✓ Accommodation based on Double occupancy at standard hotels
- ✓ Meals as mentioned (B = Breakfast, L = Lunch, D = Dinner)
- ✓ Speed boat ticket Chau Doc - Phnom Penh
- ✓ Entrance fees
- ✓ Mineral water during biking time

NOT INCLUDED

- ✗ Personal Expenses
- ✗ Drinks
- ✗ Others not mentioned in the tour itinerary

PRICE INCLUDES

- ✓ Private car transfers
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CANCELLATION POLICY

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Tour Code: IMP-8F8CA5E4E6E2