Mekong Delta River Life & Tra Su Forest Adventure – 3 Days

3D / 2N	Easy	Group	USD 172 / pax
Duration	Difficulty	Tour Type	Starting From

Explore the vibrant Mekong Delta over three days, journeying from Ho Chi Minh City to My Tho, Ben Tre, Chau Doc, and Can Tho. Witness bustling floating markets, serene canals, local life in Cham villages, and the ecological wonders of Tra Su Nature Reserve.

DESTINATIONS & ROUTE

Ho Chi Minh City → My Tho → Ben Tre → Chau Doc → Can Tho → Vinh Long

TOUR OVERVIEW

Overview of Your Mekong Delta Journey

This three-day exploration delves deep into the heart of Vietnam's Mekong Delta, offering a rich tapestry of experiences from bustling markets to tranquil natural reserves. Beginning in Ho Chi Minh City, the tour quickly transports you into the verdant landscapes and intricate waterways that define this southern region. You'll navigate canals, visit traditional workshops, and immerse yourself in the daily rhythms of local communities.

Highlights of the Delta Experience

The itinerary is packed with unique encounters, including boat trips through coconut groves, a visit to a wholesale fruit market, and an authentic lunch amidst an orchard. A significant portion of the journey is dedicated to cultural insights, such as exploring a Cham Muslim village and witnessing the vibrant trade at Cai Rang floating market. Nature enthusiasts will appreciate the serene beauty and diverse birdlife of the Tra Su Nature Reserve.

The Route: From Ho Chi Minh to Can Tho

Your adventure starts with a drive from Ho Chi Minh City, leading you through My Tho and Ben Tre, where the initial river excursions begin. The journey continues to Chau Doc, known for its spiritual Sam Mountain and unique riverine communities. The ecological marvel of Tra Su Forest is a key stop before you proceed to Can Tho, the largest city in the Delta, famous for its floating market. The tour concludes with a return trip to Ho Chi Minh City, stopping at Vinh Long along the way.

Who Will Enjoy This Tour?

This tour is ideal for travelers seeking a blend of cultural immersion, natural beauty, and authentic local experiences. It caters to those interested in understanding the unique riverine lifestyle of the Mekong Delta, from its agricultural practices to its diverse communities. Both luxury travelers and groups will find suitable options, with accommodations ranging from 3-star to 4-star hotels.

Practical Information for Travelers

The tour includes comfortable air-conditioned private car transfers, private boat trips on the Mekong, and the services of an English or French-speaking guide. All entrance fees to attractions are covered, as are specified meals (breakfasts and lunches). Accommodation is provided on a double/twin sharing basis. Personal expenses, drinks, and items not explicitly mentioned are excluded.

TOUR HIGHLIGHTS

* Navigate the Bao Dinh and Tan Thach canals by boat, observing traditional stilt houses and fruit plantations.

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* Experience the lively atmosphere of the My Tho wholesale fruit market and enjoy lunch within a lush orchard.
* Trek through Thoi Son island's fruit plantations and enjoy a peaceful rowing boat ride along narrow creeks.
* Ascend Sam Mountain in Chau Doc to witness a spectacular sunset over the scenic countryside.
* Journey on a traditional sampan to a bustling floating market and a culturally rich Muslim Cham village.
* Explore the Tra Su Nature Reserve, walking through submerged forests and observing diverse birdlife by boat.
* Visit the iconic Cai Rang floating market, experiencing its morning vibrancy from a traditional boat.
* Discover local craftsmanship at a rice noodle making village and cross a traditional

DAY-BY-DAY ITINERARY

Day 1 — Ho Chi Minh City to My Tho, Ben Tre & Chau Doc River Life

Meals: L | Stay: Chau Pho Hotel (3) or Victoria Chau Doc Hotel (4*) | Transport: A/c private car/van, private boat, motor boat, rowing boat*

Your Mekong Delta adventure begins with an 8:00 AM pickup from your Ho Chi Minh City hotel, heading towards My Tho. Upon arrival, you'll embark on a relaxing boat journey along the tranquil Bao Dinh natural canal. This scenic route offers glimpses of traditional stilt houses perched above the water and lush fruit plantations lining the banks. A visit to the bustling My Tho wholesale fruit market provides a lively insight into local commerce before proceeding to Tortoise Island.

Lunch is a delightful experience, served in the heart of a vibrant orchard, allowing you to savor fresh local flavors amidst nature. The journey continues with another boat ride, this time through the Tan Thach natural canal in Ben Tre, where you'll cruise beneath the cool canopy of water coconut trees. A stop at a local family business showcases the serene, traditional rural lifestyle of the Delta, offering a glimpse into their daily routines and crafts.

Later, you'll trek through the extensive fruit plantations on Thoi Son island, enjoying the verdant surroundings. This is followed by a peaceful rowing boat excursion along narrow creeks, providing a quiet moment to absorb the natural beauty. A motorboat then takes you back to My Tho, from where a four-hour drive transports you to Chau Doc. The day culminates with a transfer to the summit of Sam Mountain, a significant pilgrimage site, where you can admire panoramic countryside vistas as the sun descends, before settling into your Chau Doc accommodation for the night.

Activities:
Transfer from Ho Chi Minh City to My Tho
Enjoy a boat ride on Bao Dinh natural canal
Visit My Tho wholesale fruit market
Explore Tortoise Island
Have lunch in an orchard
Take a boat ride on Tan Thach natural canal in Ben Tre
Visit a local family business
Trek through Thoi Son island fruit plantations
Experience a rowing boat ride along creeks
Return to My Tho by motor boat
Drive to Chau Doc
Visit Sam Mountain for sunset views

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Day 2 Chau Doc River Markets, Cham Village & Tra Su Nature Reserve

Meals: B,L | Stay: Wink Can Tho Hotel (3) or Victoria Can Tho Resort (4*) | Transport: Sampan, car*

The second day commences at 8:00 AM with the Chau Doc River Life tour. You'll board a traditional sampan for a journey along the Mekong, where you'll encounter a vibrant floating market. Here, numerous boats laden with fresh local fruits and vegetables create a bustling scene of commerce and community interaction. Following this, your journey leads to a Muslim Cham village, a fascinating cultural stop.

The Cham people boast a rich heritage, tracing their ancestry back to the ancient Kingdom of Champa, which once spanned from Hue to the Southern Mekong Delta. In the village, you'll observe traditional Cham stilt homes and visit a local mosque, gaining insight into their unique customs and way of life. This encounter offers a profound understanding of a community that has preserved its traditions for centuries.

After the cultural immersion, a car transfer takes you to the Tra Su Ecological Gem, home to the Tra Su Nature Reserve. This ecological sanctuary is renowned for its diverse wildlife, including colonies of bats and over a hundred species of water birds. You'll walk through this enchanting, secluded forest, then embark on a boat voyage through avenues of half-submerged trees. This peaceful afternoon allows you to reconnect with nature, observing the fascinating flora, fauna, and abundant birdlife with the guidance of an expert. The day concludes with a 2.5-hour car transfer to Can Tho, where you will spend the night.

Activities:
- Depart for Chau Doc River Life tour
- Journey along the Mekong on a traditional sampan
- Visit a lively floating market
- Explore a Muslim Cham village, including stilt homes and a mosque
- Travel by car to Tra Su Ecological Gem
- Walk through the Tra Su Nature Reserve
- Voyage by boat through half-submerged trees
- Observe flora, fauna, and birdlife with a guide
- Transfer by car to Can Tho

Day 3 Cai Rang Floating Market & Return to Ho Chi Minh City

Meals: B,L | Transport: Boat, car

After breakfast, your morning begins with an early boat trip to the Cai Rang floating market, an iconic highlight of the Mekong Delta. This market is at its most active during the morning hours, presenting a lively spectacle of vendors and buyers exchanging goods directly from their boats. You'll cruise through the intricate network of small channels, observing the unique trading culture firsthand.

The boat journey includes a stop at a traditional rice noodle making village, where you can witness the intricate process of crafting this staple food. An authentic Delta experience awaits as you traverse a

Activities:
- Take a morning boat trip to Cai Rang floating market
- Cruise through small channel systems
- Visit a rice noodle making village
- Experience crossing a

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WHAT'S INCLUDED

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- v Accommodation based on Double/Twin sharing room at specified hotels or similar
- v A/c private car/van or pick up, transfer & sightseeing as per program
- v Private boat trip in the Mekong delta
- v English or French-speaking guide
- v All entrance fees
- v Meals as indicated as B=Breakfast, L=Lunch
- v 2 mineral water/day/pax

NOT INCLUDED

- x Personal Expenses
- x Drinks
- x Others not mentioned

PRICE INCLUDES

- v Accommodation based on Double/Twin sharing room at specified hotels or similar
- v A/c private car/van or pick up, transfer & sightseeing as per program
- v Private boat trip in the Mekong delta
- v English or French-speaking guide
- v All entrance fees
- v Meals as indicated as B=Breakfast, L=Lunch
- v 2 mineral water/day/pax

CANCELLATION POLICY

Tour Code: IMP-00518B94FE4D