

# Northern Vietnam Dental & Wellness Journey with Halong Bay Cruise – 7 Days

**7D / 6N**   **Easy**   **Private**   **USD 1,399 / pax**  
Duration   Difficulty   Tour Type   Starting From

Combine essential dental treatments with luxurious relaxation at Yoko Onsen hot springs and a scenic Halong Bay cruise over seven days in Northern Vietnam. This private tour offers a unique blend of health and leisure, ensuring both a radiant smile and complete rejuvenation.

## DESTINATIONS & ROUTE

Hanoi → Ha Long

## TOUR OVERVIEW

### Overview

This 7-day luxury private tour in Northern Vietnam offers a unique combination of advanced dental care, rejuvenating hot spring experiences, and a scenic cruise through the iconic Halong Bay. Travelers will begin their journey with world-class dental treatments in Hanoi, ensuring precision and comfort. Following medical care, indulge in ultimate relaxation at the Yoko Onsen hot springs, where mineral-rich waters and luxurious spa treatments promote recovery and well-being. The itinerary also includes an adventurous day cruise amidst Halong Bay's stunning limestone karsts, complete with cave exploration and options for swimming or panoramic views. Seamless medical follow-ups and opulent accommodations ensure a truly restorative and memorable trip.

### Highlights

Receive leading-edge dental care and cosmetic treatments at a premier Vietnamese facility  
Indulge in a luxurious hot spring retreat at Yoko Onsen, inspired by traditional Japanese wellness  
Cruise through the breathtaking limestone seascape of Halong Bay, a UNESCO World Heritage site  
Explore the magnificent chambers of Sung Sot Cave, Halong Bay's largest grotto  
Ascend Titov Island for unparalleled panoramic vistas of the surrounding bay  
Enjoy a serene Sunset Party onboard your Halong Bay cruise with refreshments  
Benefit from professional post-treatment dental check-ups for peace of mind

### Route Summary

Your journey commences in the bustling capital of Hanoi, where initial dental consultations and treatments take place. From Hanoi, you will transfer to the serene Yoko Onsen for two days of therapeutic hot spring relaxation. The tour then returns to Hanoi for a day trip to the breathtaking Halong Bay, featuring a scenic cruise and island visits, before concluding with a final dental check-up and departure from Hanoi.

### Who This Tour Suits

This exclusive private tour is designed for discerning luxury travelers seeking a comprehensive wellness experience that integrates high-quality dental care with opportunities for deep relaxation and natural exploration. It is ideal for individuals prioritizing health and rejuvenation, who appreciate bespoke services, premium accommodations, and a balanced itinerary combining medical appointments with leisure activities in a tranquil setting.

### Practical Information

The tour includes 6 breakfasts and 2 lunches, along with 4 nights in a luxury hotel in Hanoi and 2 nights at the Yoko Onsen hot spring resort. All ground transportation in an air-conditioned vehicle, including airport transfers, is provided. Complimentary

# Northern Vietnam Dental & Wellness Journey with Halong Bay Cruise – 7 Days

**7D / 6N**

Duration

**Easy**

Difficulty

**Private**

Tour Type

**USD 1,399 / pax**

Starting From

access to Yoko Onsen's public facilities such as mineral bath-tubs, sauna, relaxing rooms, reading room, and cinema room is included. Please note that international flights, Vietnam visas, travel insurance, and personal expenses are not covered. The exact Halong Bay cruise itinerary may vary based on the chosen package.

## TOUR HIGHLIGHTS

- \* Receive leading-edge dental care and cosmetic treatments at a premier Vietnamese facility
- \* Indulge in a luxurious hot spring retreat at Yoko Onsen, inspired by traditional Japanese wellness
- \* Cruise through the breathtaking limestone seascape of Halong Bay, a UNESCO World Heritage site
- \* Explore the magnificent chambers of Sung Sot Cave, Halong Bay's largest grotto
- \* Ascend Titov Island for unparalleled panoramic vistas of the surrounding bay
- \* Enjoy a serene Sunset Party onboard your Halong Bay cruise with refreshments
- \* Benefit from professional post-treatment dental check-ups for peace of mind

## DAY-BY-DAY ITINERARY

**Day 1**

### Hanoi Arrival & Leisure Time

*Meals: NA | Stay: Hotel de l'Opera Hanoi MGallery by Sofitel, L'opera Deluxe | Transport: Air-conditioned vehicle*

Upon landing at Hanoi's airport, a friendly guide will meet you and facilitate your transfer to a carefully selected hotel located in the city center. After completing the check-in process, the remainder of your day is free for personal exploration or relaxation. You might choose to settle into your comfortable surroundings or take a preliminary stroll to experience the local atmosphere.

**Activities:** Meet guide and transfer to hotel  
Check into hotel  
Enjoy leisure time in Hanoi

# Northern Vietnam Dental & Wellness Journey with Halong Bay Cruise – 7 Days

**7D / 6N**

Duration

**Easy**

Difficulty

**Private**

Tour Type

**USD 1,399 / pax**

Starting From

**Day 2****Dental Consultation & Optional Cosmetic Treatments**

*Meals: Breakfast | Stay: Hotel de l'Opera Hanoi MGallery by Sofitel, L'opera Deluxe | Transport: Air-conditioned vehicle*

Your wellness journey begins with a comprehensive dental examination at a premier facility in Vietnam. Highly skilled dental professionals will conduct a thorough assessment to develop a personalized treatment strategy. You have the option to enhance your smile further with a range of premium dental services.

These include advanced Minish veneers, a non-invasive Korean technology preserving natural tooth structure. Other available procedures are pain-free tooth extractions utilizing cutting-edge equipment and multiple anesthesia choices for comfort, precise root canal treatments performed by expert endodontists with imported materials, and durable tooth-colored fillings for restoring function and aesthetics. Additionally, a professional teeth whitening procedure is offered, using plasma light to safely remove surface stains and achieve a visibly brighter smile without enamel damage or sensitivity.

**Activities:** Undergo comprehensive dental examination  
Consult with dental professionals for treatment plan  
Consider optional premium dental services (veneers, extraction, root canal, fillings, whitening)

**Day 3****Journey to Yoko Onsen & Hot Spring Relaxation**

*Meals: Breakfast | Stay: Yoko Onsen | Transport: Air-conditioned vehicle*

Following breakfast, a private driver will transport you to Yoko Onsen, a luxurious hot spring resort designed with traditional Japanese wellness principles in mind. As you arrive, you will immediately feel a sense of calm, surrounded by majestic rocky mountains and a serene natural environment. The afternoon is dedicated to unwinding and enjoying the peaceful ambiance of this unique retreat, allowing you to begin your rejuvenation process amidst picturesque scenery.

**Activities:** Transfer to Yoko Onsen resort  
Check into luxury hot spring accommodation  
Relax in the tranquil natural surroundings

# Northern Vietnam Dental & Wellness Journey with Halong Bay Cruise – 7 Days

**7D / 6N**

Duration

**Easy**

Difficulty

**Private**

Tour Type

**USD 1,399 / pax**

Starting From

**Day 4****Full Day of Wellness at Yoko Onsen***Meals: Breakfast, Lunch | Stay: Yoko Onsen | Transport: NA*

Dedicate this entire day to revitalizing your body and mind at the Yoko Onsen hot springs. Indulge in various hot or cold steam baths, expertly designed to soothe muscles, enhance circulation, and aid in detoxification. Allow the tranquil atmosphere and the therapeutic mineral-rich waters to refresh your senses deeply. For an elevated experience, an optional luxury Japanese massage is available, perfect for releasing any remaining tension and achieving profound relaxation.

At midday, a delightful buffet lunch awaits, featuring a selection of nutritious and flavorful dishes to keep you energized throughout your wellness activities. You will also have complimentary access to the resort's public facilities, including mineral bath-tubs, a sauna, relaxing rooms, a reading room, and a cinema room, ensuring a full day of leisure and comfort.

**Activities:** Experience hot and cold steam baths  
Utilize resort facilities like mineral bath-tubs and sauna  
Enjoy a buffet lunch  
Opt for a luxury Japanese massage (optional)  
Relax in the reading room or cinema room

**Day 5****Halong Bay Day Cruise & Island Exploration***Meals: Breakfast, Lunch | Stay: Hotel de l'Opera Hanoi MGallery by Sofitel, L'opera Deluxe | Transport: Air-conditioned vehicle, day cruise*

In the morning, you will meet your driver at your Hanoi Old Quarter hotel for a transfer to Halong Bay. Upon arrival at the harbor, you will complete check-in procedures and board a day cruise to explore Vietnam's stunning natural wonder. A welcome drink will be served as the vessel glides past thousands of iconic limestone islands, including distinctive formations like Dog Rock, Duck Rock, and Thumb Rock. A substantial buffet lunch, featuring fresh seafood and traditional Vietnamese cuisine, will be enjoyed onboard.

The afternoon features an exploration of Sung Sot Cave, renowned as Halong Bay's largest and most beautiful grotto, with its two impressive chambers filled with unique stalactite formations resembling animals and plants. Next, visit Titov Island, offering a beautiful sandy beach and crystal-clear waters. You can ascend to the island's summit for breathtaking panoramic views of the bay or choose to swim and sunbathe on the beach. As evening approaches, return to the cruise for a Sunset Party on the sundeck or in the Jacuzzi, enjoying Vietnamese tea, coffee, fresh fruits, and snacks. After disembarking at Tuan Chau Port, you will be transferred back to Hanoi for your overnight stay.

**Activities:** Transfer from Hanoi to Halong Bay  
Board a day cruise and enjoy a welcome drink  
Sail past iconic limestone karsts (Dog Rock, Duck Rock, Thumb Rock)  
Indulge in a buffet lunch onboard  
Explore Sung Sot Cave  
Visit Titov Island for panoramic views or beach relaxation  
Attend a Sunset Party with refreshments  
Transfer back to Hanoi

# Northern Vietnam Dental & Wellness Journey with Halong Bay Cruise – 7 Days

7D / 6N

Duration

Easy

Difficulty

Private

Tour Type

USD 1,399 / pax

Starting From

**Day 6****Post-Treatment Dental Check-Up & Free Time**

Meals: Breakfast | Stay: Hotel de l'Opera Hanoi MGallery by Sofitel, L'opera Deluxe | Transport: Air-conditioned vehicle

The day begins with a crucial follow-up appointment at the dental hospital. Experienced professionals will conduct a thorough re-examination to monitor your healing progress and address any questions or concerns you might have regarding your recent treatments. This ensures your recovery is proceeding as expected and provides peace of mind.

The rest of the day is yours to spend at leisure. You may opt to relax at your hotel, engage in a personal wellness activity, or venture out to discover Hanoi's rich cultural landmarks and diverse local cuisine at your own pace, enjoying the city's vibrant atmosphere.

**Activities:** Attend a post-treatment dental check-up  
Receive a detailed re-examination by dental professionals  
Enjoy free time for leisure or city exploration

**Day 7****Departure from Hanoi**

Meals: Breakfast | Stay: NA | Transport: Air-conditioned vehicle

After a final breakfast at your hotel, you will complete the check-out process. A transfer will then be arranged to Noi Bai International Airport for your departing flight. As your aircraft ascends, take a moment to reflect on the unique blend of dental care, wellness, and scenic beauty experienced during your journey through Northern Vietnam. We hope to welcome you back for future adventures.

**Activities:** Enjoy breakfast at the hotel  
Check out from accommodation  
Transfer to Noi Bai International Airport  
Depart from Hanoi

## WHAT'S INCLUDED

**INCLUDED**

- ✓ Overnight accommodation in a shared Twin/Double room with air-conditioning at hotels.
- ✓ All transport during the tour in an air-conditioned vehicle as per itinerary (including airport pick-up and drop-off).
- ✓ Meals as specified in the program (6 breakfasts, 2 lunches).
- ✓ Public Onsen ticket, providing complimentary access to Yoko Onsen resort facilities: mineral bath-tubs, sauna, relaxing rooms, and cinema room, usable at any time

**NOT INCLUDED**

- ✗ Hotel early check-in and late check-out fees.
- ✗ Peak season surcharge and compulsory dinner at the hotel (if any).
- ✗ International flights with associated taxes.
- ✗ Vietnam Visa (requires passport valid for over 6 months and 3 clear pages).
- ✗ Travel Insurance.
- ✗ Tips, laundry, and gratuities.

# Northern Vietnam Dental & Wellness Journey with Halong Bay Cruise – 7 Days

**7D / 6N**   **Easy**   **Private**   **USD 1,399 / pax**  
Duration   Difficulty   Tour Type   Starting From

during your stay.

- ✗ Meals not explicitly marked on the itinerary, and water during meals.
- ✗ A fuel surcharge will be applied if fuel prices rise above 15%.

## PRICE INCLUDES

- ✓ Overnight accommodation in a shared Twin/Double room with air-conditioning at hotels.
- ✓ All transport during the tour in an air-conditioned vehicle as per itinerary (including airport pick-up and drop-off).
- ✓ Meals as specified in the program (6 breakfasts, 2 lunches).
- ✓ Public Onsen ticket, providing complimentary access to Yoko Onsen resort facilities: mineral bath-tubs, sauna, relaxing rooms, and cinema room, usable at any time during your stay.

## CANCELLATION POLICY

Tour Code: IMP-9D1CB5894BEE