Pu Luong Nature Reserve Trekking & Rafting Adventure – 3 Days

3D / 2N	Easy	Private	USD 110 / pax
Duration	Difficulty	Tour Type	Starting From

Escape Hanoi for a refreshing 3-day journey into Pu Luong Nature Reserve. Explore stunning rice terraces, traditional villages, and engage in unique bamboo rafting and gentle trekking activities amidst breathtaking mountain scenery.

DESTINATIONS & ROUTE

Hanoi

TOUR OVERVIEW

Overview: Pu Luong Nature Reserve Escape

This three-day excursion offers a serene retreat from the capital city of Hanoi, leading you into the untouched beauty of Pu Luong Nature Reserve. Situated approximately 160 kilometers southwest of Hanoi, this region boasts dramatic limestone karsts, cascading rice terraces, and tranquil rivers. The tour focuses on gentle exploration, cultural engagement, and relaxation within a stunning natural environment, perfect for those seeking a peaceful yet active getaway.

Tour Highlights

Experience the scenic drive through a mountain pass offering panoramic views of the Pu Luong valley.

Observe traditional water wheels along the Cham River and learn about their ingenious design.

Enjoy a peaceful bamboo rafting experience, navigating the calm waters with local guidance.

Trek through picturesque valleys, passing lush rice paddies and remote ethnic minority villages.

Interact with local communities, gaining insight into their daily lives and traditional crafts.

Relax at a comfortable retreat, featuring an infinity pool and stunning natural surroundings.

Route Summary

The journey commences with a transfer from Hanoi directly to the heart of Pu Luong Nature Reserve. Over three days, activities are centered around the retreat and the surrounding valley, including walks to local villages, river activities, and extensive trekking through varied landscapes. The tour concludes with a return transfer back to Hanoi.

Who This Tour Suits

This tour is ideal for travelers who appreciate nature, seek light adventure, and wish to experience authentic rural Vietnamese culture away from typical tourist paths. It's suitable for individuals, couples, or small groups looking for a blend of outdoor activities, cultural immersion, and comfortable accommodation. The trekking routes are generally easy, making it accessible for most fitness levels.

Practical Information

Travelers will be picked up from their hotel in Hanoi for the approximately four-hour drive to Pu Luong. Daily activities include walking and bamboo rafting, designed to be engaging yet not overly strenuous. Meals are provided as specified in the itinerary. Accommodation is at the Pu Luong Retreat, known for its scenic location and comfortable amenities. The tour concludes with a return transfer to Hanoi, arriving in the late afternoon.

TOUR HIGHLIGHTS

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- Scenic drive through a mountain pass with sweeping views of the Pu Luong valley.
- Observe ingenious traditional water wheels along the Cham River.
- Participate in a serene bamboo rafting adventure on calm river waters.
- Trek through verdant rice terraces and discover secluded ethnic minority villages.
- Engage with local villagers and learn about their daily routines and textile weaving.
- Enjoy panoramic vistas and peaceful relaxation at the Pu Luong Retreat.

DAY-BY-DAY ITINERARY

Day 1 — Hanoi to Pu Luong: Water Wheels and River Rafting

Meals: Lunch, Dinner | Stay: Puluong Retreat | Transport: Private car, Bamboo raft

Your journey begins with an early morning pickup from your hotel in Hanoi, followed by a scenic drive towards Pu Luong Nature Reserve. The route takes you through a breathtaking mountain pass, offering expansive views of the entire valley as you descend into this pristine natural area. Upon arrival at your accommodation, you'll have time to settle in and enjoy a delicious lunch, followed by some leisure time to appreciate the retreat's captivating panoramic views and tranquil atmosphere.
In the afternoon, a transfer takes you to a suspension bridge spanning the Cham River. Here, you'll start a gentle walk to observe the impressive water wheels, learning how these traditional structures efficiently channel water from the river to intricate bamboo aqueducts, supporting local agriculture. Continuing to a local fisherman’s home, you'll prepare for an exciting bamboo rafting adventure. Under the guidance of local experts, you'll float along the serene river, mastering paddling and steering techniques while soaking in the picturesque surroundings. The rafting concludes at Tan Lap bridge, where you'll be transferred back to Pu Luong Retreat for a well-deserved dinner.

Activities:
Hotel pickup and transfer from Hanoi to Pu Luong
Enjoy lunch at the retreat
Walk to observe traditional water wheels
Experience bamboo river rafting
Return transfer to the retreat for dinner

Day 2 — Valley Trekking and Scenic Exploration in Pu Luong

Meals: Breakfast, Lunch, Dinner | Stay: Puluong Retreat | Transport: Walking, Private car

Start your day early with a descent into the beautiful valley directly below the retreat. The morning trek leads you through a landscape of tumbling rice terraces, following narrow paths enveloped by lush vegetation. Gradually, a charming village emerges at the base of a towering mountain, providing excellent photo opportunities of the rural scenery and local life. Your walk continues through the valley, navigating between agricultural fields, wild open spaces, and alongside ponds and rivers, with mountains forming a dramatic backdrop.
The trek offers a constantly changing panorama of natural beauty, leading you to a serene spot where a simple picnic lunch will

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be served. This provides a perfect opportunity to relax and refuel amidst nature's tranquility. The afternoon is dedicated to further exploration or simply unwinding. You may choose to discover refreshing spots along the nearby river or enjoy some free time at the retreat. Later, you'll move to a designated pickup point for a comfortable transfer back to the retreat, where you can relax before dinner.

Activities: Early morning trek into the valley
Explore rice terraces and a picturesque village
Enjoy a picnic lunch amidst scenic views
Free time to explore the nearby river or relax
Transfer back to the retreat

Day 3 Village Life Immersion & Return to Hanoi

Meals: Breakfast, Lunch | Transport: Walking, Private car

This morning offers a unique opportunity to connect with the local community and observe daily life in the hill villages surrounding the retreat. You'll embark on a gentle walk through working farmland and vibrant rice fields, gaining insight into the agricultural practices of the region. Engage with local residents, witnessing their traditional routines and perhaps learning about the intricate process of weaving colorful textiles, a significant part of their cultural heritage. This immersive experience provides a deeper understanding of the local customs and lifestyle.
Following your cultural exploration, you will return to the lodge for a final lunch. After enjoying your meal and soaking in the last views of Pu Luong's stunning landscape, it will be time to depart. You will be transferred from Pu Luong back to Hanoi, arriving in the capital city around 5:00 PM, concluding your memorable nature and culture tour.

Activities: Walk through local villages and farmlands
Interact with villagers and observe traditional weaving
Enjoy lunch at the lodge
Transfer from Pu Luong back to Hanoi

WHAT'S INCLUDED

INCLUDED

- v Private room with ensuite (for Bungalow)
- v All activities mentioned in specific itineraries
- v Entrance and Sightseeing fees
- v Full board: 3 lunches, 2 dinners, 2 breakfasts
- v River rafting
- v Free Wi-Fi at Pu Luong Retreat
- v Welcome drink

NOT INCLUDED

- x River kayaking: 25 US$ / 1 guest / kayak
- x Drinks, Gratuities and other personal expenses
- x English/French speaking guide

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- v 2 bottles of water in rooms daily
- v Land transfer Hanoi - Pu Luong - Hanoi

PRICE INCLUDES

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- v Entrance and Sightseeing fees
- v Full board: 3 lunches, 2 dinners, 2 breakfasts
- v River rafting
- v Free Wi-Fi at Pu Luong Retreat
- v Welcome drink
- v 2 bottles of water in rooms daily
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CANCELLATION POLICY

Tour Code: IMP-42483320BB08