Sapa Hill Tribe Trek & Muong Hoa Valley with Victoria Resort – 2 Days

2D / 1N	Moderate	Private	USD 535 / pax
Duration	Difficulty	Tour Type	Starting From

Discover the breathtaking landscapes and rich cultural heritage of Sapa on this compact 2-day, 3-night adventure. Journey through the stunning Muong Hoa Valley, trek to traditional H'mong and Day ethnic villages, and enjoy the comfort of the Victoria Sapa Resort. This tour offers a unique glimpse into the daily life of Vietnam's northern hill tribes amidst spectacular mountain scenery.

DESTINATIONS & ROUTE

Hanoi -> Sapa -> Lao Cai

TOUR OVERVIEW

Overview of Your Sapa Expedition

Embark on a captivating short journey to Sapa, a region celebrated for its dramatic mountain vistas and vibrant ethnic communities. This 2-day, 3-night tour is thoughtfully designed to provide an authentic experience of the area's natural beauty and cultural depth. From an overnight train ride from Hanoi, you'll delve into the heart of the Muong Hoa Valley, exploring ancient terraced fields and engaging with local villagers.

Key Experiences on Your Trip

The tour's standout features include an overnight train adventure, setting the stage for your arrival in the northern highlands. You'll enjoy guided treks through the scenic Muong Hoa Valley, visiting the H'mong village of Lao Chai and the Day ethnic community in Tavan. A highlight is a comfortable stay at the renowned Victoria Sapa Resort. The second day continues with further exploration of H'mong and Red Dao villages, including a memorable lunch with a local family, offering genuine insights into their traditions and way of life.

Cultural Immersion in Sapa's Villages

Sapa is a mosaic of diverse hill tribes, each with distinct customs and attire. This itinerary provides direct interaction with the H'mong and Red Dao people, allowing you to observe their unique cultures firsthand. Walking through their villages and sharing a meal with a local family offers a profound connection to their heritage and daily routines, set against a backdrop of verdant rice paddies and majestic mountains.

Ideal for Active Cultural Explorers

This tour is perfectly suited for travelers who enjoy moderate physical activity and have a keen interest in cultural discovery. With daily trekking distances of 8-9 kilometers, participants should be comfortable walking on varied terrain. Those seeking an authentic encounter with Vietnam's ethnic minorities and a desire to witness stunning natural landscapes will find this itinerary particularly rewarding.

Practical Travel Information

Your journey begins and ends with comfortable overnight train travel between Hanoi and Lao Cai. Throughout the Sapa region, private car transfers ensure smooth transitions between trekking points and your accommodation. The tour includes all specified meals and the expertise of a local guide, ensuring a well-organized and enriching exploration of this unique Vietnamese destination.

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TOUR HIGHLIGHTS

* Overnight train journey from Hanoi to the mountainous Lao Cai region.
* Scenic ascent by private car through winding roads to the town of Sapa.
* Trekking through the picturesque Muong Hoa Valley, admiring terraced rice fields.
* Visiting Lao Chai, a traditional H'mong ethnic minority village.
* Exploring Tavan village, home to the distinctive Day ethnic community.
* Spending a night at the luxurious Victoria Sapa Resort with superior room comfort.
* Discovering Ma Tra village, another settlement of the H'mong people.
* Interacting with the Red Dao ethnic group in Ta Phin village, including a local lunch.
* Experiencing the unique customs and daily life of Sapa's diverse hill tribes.

DAY-BY-DAY ITINERARY

Day 1 — Overnight Train to Lao Cai & Sapa Arrival with Muong Hoa Valley Trek

Meals: Breakfast, Lunch | Stay: Victoria Sapa Resort (Superior room) | Transport: Private car, night train

Your adventure begins in Hanoi with a convenient hotel pickup, followed by a transfer to the railway station in the evening. At 9:00 PM, you'll board an overnight train bound for Lao Cai, departing at 10:00 PM. Settle into your private cabin for a restful night's sleep as the train travels north.

Upon arrival at Lao Cai station around 6:00 AM, your local guide will greet you. A private car will then transport you on a scenic 38-kilometer journey, taking approximately 1.5 hours, up winding mountain roads to the charming town of Sapa. After checking into your hotel and enjoying breakfast, the morning is yours to relax or explore at your leisure.

Following lunch, you'll drive down into the picturesque Muong Hoa Valley. This area is renowned for its stunning terraced rice fields and offers opportunities to encounter various ethnic minorities. The drive leads to Lao Chai village, a settlement of the H'mong people. From there, you'll embark on a local path, continuing your trek to Tavan village, home to the Day ethnic group, identifiable by their distinct customs.

After approximately 9 kilometers of trekking, your private car will be waiting at a designated meeting point to transfer you back to your accommodation in Sapa for the evening.

Activities:
Hotel pickup in Hanoi
Transfer to Hanoi Railway Station
Overnight train journey to Lao Cai
Arrival at Lao Cai Station
Private car transfer to Sapa
Hotel check-in and breakfast
Leisure time in Sapa
Drive to Muong Hoa Valley
Trek to Lao Chai village (H'mong ethnic)
Continue trekking to Tavan village (Day ethnic)
Private car transfer back to Sapa

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Day 2 Sapa Hill Tribe Exploration & Return Journey to Hanoi

Meals: Breakfast, Lunch | Stay: Night Train (private cabin) | Transport: Private car, night train

Begin your day with breakfast at the hotel, followed by check-out. Your journey continues with a drive to the southern part of Sapa, where you'll explore two more unique ethnic villages. The trekking portion starts from a designated point, leading you through lush terraced rice fields, characteristic of the region's agricultural landscape.

Your first destination is Ma Tra village, a traditional settlement of the H'mong ethnic group. Here, you'll have the chance to observe their daily life and unique cultural practices. The trek then proceeds further, passing by a local school, before reaching Ta Phin village, home to the Red Dao ethnic community. Take a well-deserved break in Ta Phin to immerse yourself in the local atmosphere and learn more about the Red Dao people.

A highlight of the day is enjoying a home-cooked lunch with a local family in Ta Phin, offering an authentic taste of their hospitality and cuisine. This provides a valuable opportunity for cultural exchange and insight into their traditions. The trekking distance for today is approximately 8 kilometers.

In the afternoon, a private transfer will take you back to Lao Cai Station. You'll board the night train departing at 8:45 PM for your return journey to Hanoi, arriving the following morning around 5:30 AM.

Activities:
Breakfast at hotel and check-out
Drive to trekking point south of Sapa
Trek through terraced rice fields to Ma Tra village (H'mong ethnic)
Continue trekking to Ta Phin village (Red Dao ethnic)
Explore Ta Phin village and local life
Enjoy lunch with a local family
Private car transfer to Lao Cai Station
Overnight train journey to Hanoi

WHAT'S INCLUDED

INCLUDED

- v Train ticket Hanoi – Lao Cai – Hanoi
- v Private car pick up in Hanoi and drop off services in Sapa
- v Full A/C transportation as per tour program
- v Double/Twin sharing accommodation with daily breakfast
- v Experience tour guide speaking English/French
- v All meal as indicated on tour
- v Entrance fee

NOT INCLUDED

- x Single supplement
- x Beverage
- x Meal not mentioned on tour
- x Personal expense
- x Tip gor guide/driver
- x Visa, airfare

PRICE INCLUDES

- v Train ticket Hanoi – Lao Cai – Hanoi
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- v Double/Twin sharing accommodation with daily breakfast
- v Experience tour guide speaking English/French
- v All meal as indicated on tour
- v Entrance fee

CANCELLATION POLICY

Tour Code: IMP-BE1C9A33A190