Southern Vietnam Cycling & Island Escape – 6 Days

6D / 5N	Easy	Private	USD 899 / pax
Duration	Difficulty	Tour Type	Starting From

Embark on a captivating 6-day adventure through Southern Vietnam, combining active exploration with serene beach relaxation. Discover the vibrant river life of the Mekong Delta by boat and bicycle, then unwind on the pristine shores of Phu Quoc Island.

DESTINATIONS & ROUTE

Can Tho → Chau Doc → Phu Quoc → Ho Chi Minh City

TOUR OVERVIEW

Tour Overview

This meticulously crafted 6-day journey invites you to experience the diverse landscapes and rich culture of Southern Vietnam. Begin your exploration in the verdant Mekong Delta, where you'll navigate bustling waterways and tranquil rural paths, engaging with local communities and witnessing traditional crafts. The tour then transitions to the idyllic island paradise of Phu Quoc, offering days of sun-soaked relaxation, snorkeling in clear waters, and opportunities for further island discovery.

Highlights of Your Journey

Prepare for a captivating blend of cultural immersion and natural beauty, featuring active cycling and blissful beach days. This itinerary is designed to provide both adventure and tranquility.

Navigate the intricate waterways of the Mekong Delta on a traditional boat, observing local commerce.

Experience a hands-on demonstration of traditional crafts like rice paper and coconut candy making.

Cycle through the peaceful countryside of Chau Doc, passing rice paddies and lotus fields.

Witness the vibrant activity of Cai Rang Floating Market from a traditional wooden boat.

Travel by speedboat to the tropical haven of Phu Quoc Island for coastal relaxation.

Explore the underwater world of Phu Quoc with a dedicated snorkeling excursion among tiny islands.

Relax and swim at the picturesque Sao Beach, known for its soft sands.

Route Summary

Your journey commences near Ho Chi Minh City, heading into the heart of the Mekong Delta. You'll explore Cai Be and Can Tho, then travel to Chau Doc, a charming town known for its cycling routes. The adventure culminates with a scenic speedboat transfer to Phu Quoc Island, where the final days are spent enjoying its pristine beaches and marine life before flying back to Ho Chi Minh City.

Who This Tour Suits

This tour is ideal for active travelers and couples seeking a blend of cultural discovery and leisurely beach time. Those who enjoy outdoor activities, particularly cycling, and appreciate opportunities to relax in a tropical setting will find this itinerary particularly appealing. It offers a balance between guided exploration and personal free time.

Practical Information

The tour includes comfortable hotel accommodations for five nights, with options ranging from 3-star to 5-star properties. All necessary transfers by car, bicycle, and shuttle bus are provided, alongside a domestic flight from Phu Quoc to Ho Chi Minh City. Meals include five breakfasts and three lunches, ensuring you're well-fueled for your adventures. An English-speaking biking guide accompanies you for relevant activities, and entrance fees are covered as per the itinerary.

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TOUR HIGHLIGHTS

* Cruise the Tien River and explore local handicraft villages near Cai Be.
* Cycle through the serene rural landscapes of Chau Doc, observing Mekong Delta life.
* Visit the bustling Cai Rang Floating Market by boat, a vibrant hub of river commerce.
* Travel by high-speed boat to the pristine tropical beaches of Phu Quoc Island.
* Discover the diverse marine ecosystem of Phu Quoc during a snorkeling adventure.
* Enjoy leisure time on Phu Quoc's beautiful beaches, including the famous Sao Beach.
* Experience a domestic flight from Phu Quoc back to Ho Chi Minh City.

DAY-BY-DAY ITINERARY

Day 1 — Mekong Delta River Cruise & Local Crafts

Meals: Lunch | Stay: Hotel in Can Tho | Transport: Car, Traditional Boat, Rowboat, Bicycle (optional)

Your Southern Vietnam exploration begins as you arrive at Cai Be Tourist Pier, where a traditional boat awaits to ferry you along the Tien River. This waterway, once a lively trading hub, now offers a peaceful glimpse into local life. Your first stop is a nearby handicraft village, showcasing traditional techniques for making regional specialties such as delicate rice paper, sweet coconut candy, and crispy puffed rice. Live demonstrations provide insight into these age-old processes.

Continue with a brief walk to a honey farm, learning about beekeeping practices and savoring a refreshing cup of honey tea amidst lush fruit gardens. The journey proceeds through serene canals, shaded by nipa palms, leading to Tan Phong Island, renowned for its abundant orchards. Here, you'll experience a traditional rowboat ride through narrow waterways and take a stroll through tropical gardens, sampling fresh seasonal fruits. A home-cooked lunch will be served in an eco-garden setting, providing an authentic taste of the delta.

For those interested, an optional leisurely bicycle ride around the island's village paths offers further immersion into rural charm. As you return to Cai Be Tourist Pier, observe local fishermen setting traps and nets along the riverbanks, concluding your memorable Delta experience.

Activities: Board a traditional boat on the Tien River; Visit a handicraft village for demonstrations; Explore a honey farm and taste honey tea; Cruise through nipa palm canals; Glide through narrow canals in a rowboat; Walk through tropical gardens and sample fruits; Enjoy a home-cooked lunch; Optional bicycle ride on Tan Phong Island; Observe local fishing activities.

Day 2 — Cai Rang Floating Market & Chau Doc Countryside Cycling

Meals: Breakfast, Lunch | Stay: Hotel in Chau Doc | Transport: Car, Wooden Boat, Bicycle

After breakfast, you will be transferred to the pier for a short wooden boat ride to Cai Rang Floating Market, one of the most iconic and bustling markets in the Mekong Delta. Witness the unique river-based trading culture as vendors sell their goods from boats. Observe the daily lives of locals who reside and work on these waterways and visit a traditional noodle workshop to

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see how local staples are produced. On your return journey, you'll have the chance to taste fresh tropical fruits, experiencing the authentic flavors of the delta.

A delicious lunch will be served at a local restaurant, providing a taste of regional cuisine. In the afternoon, escape the urban environment for an exhilarating cycling tour around Chau Doc, a picturesque town in the Mekong Delta. Pedal along tranquil country roads, flanked by vibrant rice paddies and blooming lotus fields. Cross rustic monkey bridges, encountering friendly locals tending their farms.

This scenic ride offers a genuine immersion into delta life, surrounded by water buffaloes, ducks, and serene vistas, allowing you to breathe in the fresh countryside air and capture stunning photographs.

Activities: Visit Cai Rang Floating Market by boat; Observe river-based trade; Tour a traditional noodle workshop; Taste fresh tropical fruits; Enjoy lunch at a local restaurant; Embark on a cycling tour around Chau Doc; Ride through rice paddies and lotus fields; Cross monkey bridges; Interact with local farmers.

Day 3 Journey to Phu Quoc Island Paradise

Meals: Breakfast | Stay: Hotel in Phu Quoc | Transport: Car, Speedboat

Following breakfast at your hotel, enjoy some free time before checking out. You will then be transferred to the pier to board a speedboat bound for Phu Quoc Island. Settle in and relax as you glide across the water, making your way to Vietnam's renowned tropical paradise, known for its stunning beaches and lush landscapes. The journey offers scenic views of the coastline as you approach the island.

Upon arrival in Phu Quoc, you will be transferred to your chosen hotel, where you can check in and begin to unwind. The remainder of the day is at your leisure, allowing you to settle into the island rhythm. In the evening, the activities are flexible and can be tailored to your preferences. Consider optional experiences such as a Phu Quoc Island Night Fishing Trip or a romantic private boat excursion, offering unique ways to enjoy the island after dark (additional costs apply).

Activities: Enjoy leisure time in the morning; Transfer to the pier; Board a speedboat to Phu Quoc Island; Check into hotel; Free time for personal activities; Optional evening tours (e.g., night fishing, romantic boat trip).

Day 4 Phu Quoc Snorkeling & Sao Beach Exploration

Meals: Breakfast, Lunch | Stay: Hotel in Phu Quoc | Transport: Boat, Car

The morning is dedicated to exploring Phu Quoc's vibrant underwater world. The island is surrounded by numerous tiny islets, fostering a rich and diverse marine ecosystem that makes diving and snorkeling highly popular. You'll spend time snorkeling, witnessing the enchanting beauty of the coral reefs and marine life beneath the sea. Following your aquatic adventure, a fresh seafood meal will be served onboard, providing a delightful culinary experience while you continue to appreciate the ocean surroundings.

After lunch, the skipper will navigate the boat to additional smaller islands, some of which are known for their hidden tunnels, offering further opportunities for exploration and discovery. This provides a chance to see more of Phu Quoc's secluded coastal gems.

Upon returning to An Thoi Seaport, a driver will meet you for the transfer to Sao Beach. Here, you can enjoy the beach at your

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own pace, swimming in the clear waters, basking in the sun, or simply relaxing on the soft sands. You will return to your hotel around 17:30, concluding a day full of marine adventure and beach relaxation.

Activities: Go snorkeling in Phu Quoc's waters; Enjoy a seafood meal on board; Explore smaller islands by boat; Transfer to Sao Beach; Swim and relax at Sao Beach; Sunbathe on the sands.

Day 5 Leisure Day & Island Discovery in Phu Quoc

Meals: Breakfast | Stay: Hotel in Phu Quoc

Day five is dedicated to your personal leisure, offering complete freedom to design your ideal island experience. After enjoying breakfast at your hotel, the day is yours to spend as you wish. Whether you prefer to relax by the pool, stroll along the beach, or explore more of Phu Quoc's unique attractions, the choice is entirely up to you.

For those seeking further adventure or cultural insights, several recommended optional excursions are available (at an additional cost). You might consider a full-day sightseeing tour of Southern Phu Quoc, including a visit to Hon Thom Island via its impressive cable car. Alternatively, explore the northern part of the island with a full-day motorbike tour to discover areas like Rach Vem Village, known for its floating houses and starfish beach.

These suggestions provide opportunities to delve deeper into Phu Quoc's natural beauty and local life, ensuring your day is as active or as relaxed as you desire. Enjoy another night in your island accommodation.

Activities: Enjoy a full day of leisure; Relax at the hotel or beach; Optional sightseeing tour of Southern Phu Quoc; Optional visit to Hon Thom Island by cable car; Optional Northern Phu Quoc motorbike tour; Optional visit to Rach Vem Village.

Day 6 Phu Quoc Departure to Ho Chi Minh City

Meals: Breakfast | Stay: NA | Transport: Car, Domestic Flight

Savor your final morning on Phu Quoc Island with breakfast at your hotel. Take this opportunity to enjoy the resort amenities one last time, perhaps with a leisurely walk along the beach or a final dip in the pool. Reflect on the memories made during your Mekong Delta adventures and relaxing island escape.

Later, you will be transferred to Phu Quoc Airport to catch your scheduled domestic flight back to Ho Chi Minh City. This marks the conclusion of your 6-day South Vietnam Biking & Beach Break, leaving you with a refreshed spirit and a deeper appreciation for Vietnam's southern charm.

Activities: Enjoy breakfast at the hotel; Free time for leisure activities; Transfer to Phu Quoc Airport; Board a domestic flight to Ho Chi Minh City.

WHAT'S INCLUDED

INCLUDED	NOT INCLUDED
v 5 Breakfasts	

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- v 3 Lunches
- v Car transport
- v Bicycle hire with helmet and water bottle
- v Shuttle Bus transport
- v Hotel accommodation (5 nights)
- v Accommodation in TWN/DBL sharing accommodation at hotel
- v All transport within Vietnam as per itinerary
- v 1 domestic flight Phu Quoc - Ho Chi Minh City
- v Speed boat ticket Chau Doc - Phu Quoc
- v Meals as indicated in the program
- v All in-tour professional English speaking biking guide as per itinerary
- v Entrance fees as per itinerary

PRICE INCLUDES

- v 5 Breakfasts
- v 3 Lunches
- v Car transport
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CANCELLATION POLICY

Tour Code: IMP-F322FE7BAC57