Spiritual Path: Journey Through Vietnam's Sacred Sites 11 days

11D / 10N	Easy	Private	USD 1,459 / pax
Duration	Difficulty	Tour Type	Starting From

This 11-day spiritual tour offers a profound exploration of Vietnam's rich spiritual heritage, guiding travelers through ancient temples, serene pagodas, and vibrant cultural centers. From the bustling capital of Hanoi to…

DESTINATIONS & ROUTE

Hanoi → Hoi An → Ho Chi Minh City

TOUR OVERVIEW

This 11-day spiritual tour offers a profound exploration of Vietnam's rich spiritual heritage, guiding travelers through ancient temples, serene pagodas, and vibrant cultural centers. From the bustling capital of Hanoi to the tranquil mountains of Yen Tu and the charming ancient town of Hoi An, this journey provides a unique blend of historical discovery, mindful practices, and authentic culinary experiences. American tourists love this trip for its immersive spiritual essence in Hanoi, featuring visits to Tran Quoc Pagoda and the Temple of Literature. It offers an ascent to the sacred Yen Tu mountain for mindful practices like Thien (Zen meditation). The tour also includes discovering the serene beauty of Hoi An's UNESCO-listed ancient town, followed by an awe-inspiring excursion to My Son Sanctuary, providing a comprehensive cultural and spiritual experience.

TOUR HIGHLIGHTS

* Immerse in Hanoi's spiritual essence: Tran Quoc Pagoda, Temple of Literature.
* Ascend Yen Tu mountain for Thien (Zen meditation) and monastic serenity.
* Discover Hoi An's UNESCO ancient town and My Son Sanctuary.
* Experience traditional performances and the Lantern Festival at Yen Tu.
* Engage in morning yoga and a mindful tea ceremony in Yen Tu.
* Explore ancient healing wisdom at the Museum of Traditional Medicine in Saigon.
* Participate in the 'Power of Mind' program in Ho Chi Minh City.

DAY-BY-DAY ITINERARY

Day 1 — Arriving in Hanoi - Your Spiritual Journey Begins

Meals: Breakfast | Stay: Hotel in Hanoi

Welcome to Hanoi, Vietnam's ancient capital, where tradition and tranquility converge. Upon arrival, you'll be transferred to your hotel for relaxation. Take this day to settle in and absorb the calming rhythm of Hanoi's tree-lined boulevards and serene lakes, beginning your spiritual journey.

Activities: Arrival in Hanoi
Airport transfer to hotel

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Check-in and relaxation
Explore Hanoi at leisure

Day 2 Hanoi City Tour - Tracing the Roots of Wisdom

Meals: Breakfast, Lunch | Stay: Hotel in Hanoi

Begin at Tran Quoc Pagoda, Hanoi's oldest Buddhist temple, for quiet reverence. Continue to the Temple of Literature, Vietnam's first university, where Confucian wisdom lingers. Conclude at Quan Su Pagoda, a central hub for Vietnamese Buddhism, offering a sanctuary for reflection amidst the city's bustle.

Activities: Visit Tran Quoc Pagoda
Explore the Temple of Literature
Reflect at Quan Su Pagoda
Hanoi city exploration

Day 3 Hanoi - MGallery Legacy Yen Tu

Meals: Breakfast | Stay: Hotel in Yen Tu

Journey to Yen Tu, the spiritual cradle of Vietnamese Zen Buddhism, for inner stillness. At MGallery Legacy Yen Tu, engage in a Thien (meditation) session to deepen mindfulness. Experience the Dem Hoi Lang Nuong and the Le Hoi Hoa Dang (Lantern Festival), releasing a glowing lotus lantern into the tranquil waters.

Activities: Travel to Yen Tu Mountain
Check-in at MGallery Legacy Yen Tu
Participate in Thien (meditation)
Attend Dem Hoi Lang Nuong
Experience Le Hoi Hoa Dang (Lantern Festival)

Day 4 Yen Tu - Hanoi: A Day of Inner Harmony

Meals: Breakfast | Stay: Hotel in Hanoi

Awaken in Yen Tu's serene embrace with a tranquil yoga session, connecting spirit to earth and sky. Enter stillness with Thien (Zen meditation), honoring inner wisdom. Before departing, experience the graceful Pha Tra (tea ceremony), nourishing body and calming thoughts as a final blessing from the spiritual mountain.

Activities: Morning yoga session
Thien (Zen meditation) practice
Pha Tra (tea ceremony)
Return journey to Hanoi

Day 5 Hanoi - Fly to Hoi An

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Meals: Breakfast | Stay: Hotel in Hoi An

After breakfast in Hanoi, bid farewell to the capital and transition to the central coast. Fly to Hoi An, a lantern-lit town with soulful simplicity. Upon arrival, check into your hotel and allow the spiritual calm of this heritage town to gently unfold around you, preparing for further exploration.

Activities: Breakfast in Hanoi
Transfer to Hanoi airport
Domestic flight to Danang
Transfer to Hoi An hotel
Check-in and relax

Day 6 Hoi An City Tour Half Day & Sacred My Son Sanctuary

Meals: Breakfast, Lunch | Stay: Hotel in Hoi An

Embark on a sacred excursion to My Son Sanctuary, walking among ancient Cham temples. Witness an enchanting Apsara dance and learn rice paper making. Enjoy a tranquil lunch. Conclude with a Thu Bon River boat ride, visiting the Japanese Covered Bridge, Fujian Assembly Hall, and the vibrant wet market in Hoi An.

Activities: Excursion to My Son Sanctuary
Watch Apsara dance
Learn rice paper making
Enjoy a tranquil local lunch
Boat ride on Thu Bon River
Visit Japanese Covered Bridge
Explore Fujian Assembly Hall
Discover Hoi An wet market

Day 7 Free Day in Hoi An

Meals: Breakfast | Stay: Hotel in Hoi An

Today is dedicated to personal reflection and enjoying Hoi An at your leisure. Wander through quiet lantern-lit streets, visit a local temple for incense, or relax by the river. Consider a warm herbal tea or a peaceful moment at a local spa to calm both body and mind.

Activities: Free day for personal exploration
Relaxation or spa treatments
Visit local temples
Enjoy Hoi An's ambiance

Day 8 Hoi An - Flight to Ho Chi Minh City

Meals: Breakfast | Stay: Hotel in Ho Chi Minh City

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Begin with a peaceful breakfast, carrying Hoi An's calm energy. Check out and transfer to the airport, giving thanks for Central Vietnam's beauty. Arrive in vibrant Ho Chi Minh City, feel the South's energy, and transfer to your hotel for check-in, ready for new spiritual discoveries.

Activities: Breakfast in Hoi An
Transfer to Danang airport
Domestic flight to Ho Chi Minh City
Transfer to hotel
Check-in and relax

Day 9 Saigon - The Power of Mind - A Half-Day Journey

Meals: Breakfast, Lunch | Stay: Hotel in Ho Chi Minh City

Step into a peaceful space for nurturing the heart and calming the mind. The "Power of Mind" program includes gentle lessons, chanting, mindful walking, and breathing. Engage in meditation, soul purification, and compassionate sharing. Participate in Karma Law Q&A and enjoy a mindful, grateful meal, receiving a symbolic gift.

Activities: "Power of Mind" program
Gentle lessons and chanting
Mindful walking and breathing
Meditation and soul purification
Karma Law Q&A session
Mindful vegetarian meal

Day 10 Saigon - Stepping into Ancient Healing

Meals: Breakfast, Lunch | Stay: Hotel in Ho Chi Minh City

Start with Bun Thang at Mot Buoi Sang. Visit Tan Hung Long Tu's Herbal Garden & Traditional Pharmacy Room, exploring Eastern healing wisdom. Discover the Museum of Traditional Medicine, preserving ancient remedies. Experience rice painting at Tranh Gao Quynh Vy. Conclude with a wholesome vegetarian meal at Quynh House Restaurant.

Activities: Breakfast at Mot Buoi Sang
Visit Herbal Garden & Traditional Pharmacy Room
Explore Museum of Traditional Medicine
Experience rice painting at Tranh Gao Quynh Vy
Vegetarian meal at Quynh House Restaurant

Day 11 Ho Chi Minh Departure

Meals: Breakfast | Stay: NA

Enjoy a calm breakfast, reflecting on your spiritual journey through Vietnam. After check-out, you will be transferred to the airport for your flight home, carrying memories of peace and cultural immersion.

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Activities: Breakfast
Hotel check-out
Transfer to Ho Chi Minh City airport
Departure

WHAT'S INCLUDED

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- v 11 Breakfasts, 4 Lunches. 10 nights hotel accommodation in shared Twin/Double room with AC. All transport in air-conditioned vehicle, including airport transfers. Local English speaking guide. Entrance fees as per itinerary. 2 domestic flights: Hanoi - Danang, Danang - HCMC (Economy class with 20 kg luggage).

NOT INCLUDED

PRICE INCLUDES

v 11 Breakfasts, 4 Lunches. 10 nights hotel accommodation in shared Twin/Double room with AC. All transport in air-conditioned vehicle, including airport transfers. Local English speaking guide. Entrance fees as per itinerary. 2 domestic flights: Hanoi - Danang, Danang - HCMC (Economy class with 20 kg luggage).

CANCELLATION POLICY

Tour Code: IMP-25F4C0FB9CEE