Vietnam Coastal Wellness & Cultural Journey – 14 Days

14D / 13N	Easy	Private	USD 4,799 / pax
Duration	Difficulty	Tour Type	Starting From

This 14-day private tour combines Vietnam's stunning coastlines and rich cultural sites with a focus on relaxation and comprehensive well-being, featuring luxury accommodations and specialized health treatments.

DESTINATIONS & ROUTE

Da Nang → Nha Trang → Hanoi → Ha Long → Hoi An

TOUR OVERVIEW

Embark on a unique 14-day private journey across Vietnam, meticulously designed for travelers seeking both cultural enrichment and profound rejuvenation. This exclusive itinerary seamlessly blends visits to Vietnam's most iconic destinations—from the vibrant coastal city of Da Nang to the tranquil waters of Halong Bay and the historic capital of Hanoi—with a strong emphasis on holistic wellness. Guests will enjoy luxurious accommodations, gourmet dining, and a series of specialized health treatments, including therapeutic mud baths, mineral water soaks, and comprehensive medical assessments.

The tour provides a balanced experience, allowing ample time for relaxation on pristine beaches, exploration of ancient towns, and appreciation of breathtaking natural landscapes. From the bustling markets of Hoi An to the serene beauty of the Marble Mountains, each stop offers a distinct flavor of Vietnam. The highlight for many will be the dedicated wellness components, featuring advanced health screenings and traditional medicine therapies, ensuring guests return home feeling refreshed and revitalized.

Tour Highlights

Savor local flavors on a guided street food adventure through Da Nang.

Ascend Ba Na Hills by cable car to explore the Golden Bridge and French Village.

Wander through the ancient streets of Hoi An, a UNESCO World Heritage site.

Experience a traditional cyclo ride along Nha Trang's scenic Tran Phu Street.

Rejuvenate with a therapeutic mud bath and mineral water soak in Nha Trang.

Cruise the iconic limestone karsts of Halong Bay aboard a luxury vessel.

Engage in a comprehensive health check-up with advanced medical services in Hanoi.

Indulge in a 180-minute intensive traditional medicine therapy session in Hanoi.

Journey Through Vietnam's Diverse Landscapes

Your adventure begins in Da Nang, a dynamic coastal hub, before moving to the charming ancient town of Hoi An. Next, you'll discover the pristine beaches and healing waters of Nha Trang, followed by a cultural immersion in Hanoi. The tour culminates with an unforgettable overnight cruise amidst the dramatic scenery of Halong Bay, offering a comprehensive exploration of Vietnam's natural and cultural treasures.

Tailored for Luxury Travellers

This private tour caters specifically to discerning travelers who appreciate comfort, personalized service, and a focus on well-being. With luxury accommodations, private transfers, and curated experiences, every detail is handled to ensure a seamless and enriching journey. The blend of cultural discovery with dedicated relaxation and health services makes this itinerary ideal for those seeking a truly restorative escape.

Practical Information

Vietnam Coastal Wellness & Cultural Journey – 14 Days

14D / 13N	Easy	Private	USD 4,799 / pax
Duration	Difficulty	Tour Type	Starting From

Guests will benefit from comfortable hotel stays and an overnight cruise, with all necessary transfers handled by air-conditioned vehicles. Domestic flights between Da Nang, Nha Trang, and Hanoi are included, ensuring efficient travel between regions. A significant portion of meals, including 12 breakfasts, 2 lunches, and 2 dinners, are provided, allowing for both convenience and opportunities to explore local cuisine independently. The tour features exclusive access to wellness facilities and expert medical consultations, making it a truly unique offering.

TOUR HIGHLIGHTS

* Savor local flavors on a guided street food adventure through Da Nang.
* Ascend Ba Na Hills by cable car to explore the Golden Bridge and French Village.
* Wander through the ancient streets of Hoi An, a UNESCO World Heritage site.
* Experience a traditional cyclo ride along Nha Trang's scenic Tran Phu Street.
* Rejuvenate with a therapeutic mud bath and mineral water soak in Nha Trang.
* Cruise the iconic limestone karsts of Halong Bay aboard a luxury vessel.
* Engage in a comprehensive health check-up with advanced medical services in Hanoi.
* Indulge in a 180-minute intensive traditional medicine therapy session in Hanoi.

DAY-BY-DAY ITINERARY

Day 1 — Da Nang Arrival & Culinary Exploration

Meals: Dinner | Stay: Danang Marriott Resort & Spa

Upon your arrival in Da Nang, a private transfer will take you to your luxurious hotel for check-in and some time to refresh. In the late afternoon, prepare for an exciting culinary journey through the city's vibrant streets. A knowledgeable local guide will meet you, offering the choice to ride as a passenger or drive your own motorbike, providing an authentic way to navigate the bustling neighborhoods. This evening adventure focuses on local food culture, with stops at over five different eateries where you can sample more than ten traditional regional dishes. Indulge in various Vietnamese specialties, from savory bread to fresh seafood and delightful local desserts. The tour concludes in the evening, leaving you with a satisfied palate and a deeper understanding of Da Nang's gastronomic scene.

Activities: Arrive in Da Nang and check into your hotel.
Meet your local guide for an evening street food tour.
Ride a motorbike through Da Nang's neighborhoods.
Taste over ten traditional Vietnamese dishes at various eateries.
Return to your hotel after the culinary exploration.

Day 2 — Da Nang Leisure & Mountain Exploration

Vietnam Coastal Wellness & Cultural Journey – 14 Days

14D / 13N	Easy	Private	USD 4,799 / pax
Duration	Difficulty	Tour Type	Starting From

Meals: Breakfast | Stay: Danang Marriott Resort & Spa

Today offers a flexible schedule to personalize your wellness experience in Da Nang. Begin your morning at the pristine My Khe Beach, renowned for its soft white sands and clear blue waters, perfect for a refreshing swim or a peaceful moment of meditation. You might choose to relax under the sun or enjoy a leisurely dip in the ocean. For lunch, explore local dining options or venture into the city center to discover authentic Vietnamese cuisine. In the afternoon, journey to the majestic Marble Mountains, a cluster of five limestone and marble hills. Explore ancient caves and discover Buddhist temples nestled within the peaks. Consider climbing to the summit for breathtaking panoramic views of the coastline and surrounding landscapes. Alternatively, browse for unique souvenirs and local crafts at Han Market before returning to your hotel.

Activities: Enjoy a morning swim or relax at My Khe Beach.
Explore local restaurants for lunch.
Visit the Marble Mountains, caves, and Buddhist temples.
Ascend to the summit for panoramic views.
Browse for souvenirs at Han Market (optional).

Day 3 Ba Na Hills Cable Car & Fantasy Park Adventure

Meals: Breakfast, Lunch | Stay: Danang Marriott Resort & Spa

Your day begins with a scenic transfer to the captivating Ba Na Hills, nestled within the Truong Son Mountain range. Your guide will collect you from your hotel for this full-day excursion. At Suoi Mo Station, board a cable car, enjoying spectacular aerial views as you ascend over lush greenery towards Marseille Station. Upon arrival, walk along the famous Golden Bridge, an architectural marvel held aloft by two giant stone hands, offering incredible photo opportunities. Explore Jardin D'Amour, a series of beautifully landscaped gardens featuring vibrant flower displays, elegant fountains, and European-inspired architecture. A sumptuous Vietnamese buffet lunch awaits, offering a wide array of over 70 traditional dishes to refuel after your morning discoveries. The afternoon is dedicated to fun and excitement at Fantasy Park, where you can enjoy various rides and games. Conclude your mountain adventure with a visit to King Peak, situated at 1,487 meters, for expansive views stretching to the horizon. The day ends with a cable car descent and transfer back to your Da Nang hotel.

Activities: Transfer to Ba Na Hills and board the cable car.
Walk across the Golden Bridge.
Explore Jardin D'Amour gardens.
Enjoy a Vietnamese buffet lunch.
Experience rides and games at Fantasy Park.
Visit King Peak for panoramic views.
Return to Da Nang by cable car and private transfer.

Day 4 Hoi An Ancient Town Cultural Discovery

Meals: Breakfast | Stay: Anantara Hoi An Resort

Begin your exploration of Hoi An at the bustling Hoi An Market, the heart of daily commerce where locals gather fresh produce, herbs, and seafood, reflecting the town's enduring legacy as a historic trading port. Next, visit the Phuc Kien Chinese Assembly

Vietnam Coastal Wellness & Cultural Journey – 14 Days

14D / 13N	Easy	Private	USD 4,799 / pax
Duration	Difficulty	Tour Type	Starting From

Hall, a significant site for ancestor worship and community rituals, illustrating the integration of Chinese cultural practices into Hoi An's spiritual life. Discover the Phung Hung Ancient House and Tan Ky Ancient House, two remarkably preserved merchant homes over two centuries old. Their original furnishings, courtyards, and storage areas offer a glimpse into the daily lives and trading activities of merchant families during Hoi An's commercial peak. Continue to the Museum of Folk Culture to view traditional crafts, farming tools, and everyday objects that depict past ways of life. A brief stop at the Hoi An Traditional Performing Arts House introduces you to local music and dance. Finally, cross the iconic Japanese Covered Bridge, a centuries-old structure connecting the Japanese and Chinese communities, symbolizing the multicultural trade networks that shaped Hoi An. Conclude your visit by strolling through handicraft shops, art galleries, and narrow lanes, observing the town's living culture alongside its historic architecture.

Activities: Explore Hoi An Market.
Visit Phuc Kien Chinese Assembly Hall.
Tour Phung Hung Ancient House and Tan Ky Ancient House.
Discover exhibits at the Museum of Folk Culture.
Stop at the Hoi An Traditional Performing Arts House.
Walk across the Japanese Covered Bridge.
Browse handicraft shops and art galleries.

Day 5 Da Nang to Nha Trang & Evening Cyclo Ride

Meals: Breakfast, Dinner | Stay: An Lam Retreats | Transport: Domestic flight, Cyclo

Your fifth day marks a transition from Da Nang to the coastal city of Nha Trang with a morning flight. Upon arrival, you'll be transferred to your accommodation, allowing time to settle in and relax. As evening approaches, your guide will meet you for a unique exploration of Nha Trang. Experience a traditional cyclo ride, offering a charming perspective of local life as your skilled driver navigates the lively streets. The journey will take you along Tran Phu Street, Nha Trang's picturesque seaside boulevard, boasting stunning ocean vistas and a vibrant mix of restaurants, bars, and shops catering to both locals and visitors. Continue to XQ Historical Village, where talented artisans showcase Vietnamese cultural heritage through intricate embroidery masterpieces. The evening culminates with a delightful seafood dinner at an oceanfront restaurant, where fresh catches are transformed into delectable local specialties. Enjoy the gentle sea breeze and coastal ambiance before spending free time exploring Nha Trang's famous "foreign streets," known for their diverse shops, lively bars, and entertainment venues.

Activities: Take a morning flight from Da Nang to Nha Trang.
Check into your Nha Trang accommodation.
Enjoy a traditional cyclo ride along Tran Phu Street.
Visit XQ Historical Village to see embroidery art.
Dine on fresh seafood at an oceanfront restaurant.
Explore Nha Trang's "foreign streets" in the evening.

Day 6 Nha Trang at Your Leisure

Meals: Breakfast | Stay: An Lam Retreats

Vietnam Coastal Wellness & Cultural Journey – 14 Days

14D / 13N	Easy	Private	USD 4,799 / pax
Duration	Difficulty	Tour Type	Starting From

Today is dedicated to personal exploration and relaxation in Nha Trang, allowing you to tailor your activities to your preferences. Consider starting your day with a serene sunrise yoga session on the beach, where the gentle sound of waves provides a tranquil backdrop for mind-body connection. The cooler morning temperatures are ideal for outdoor pursuits. The afternoon invites opportunities for a snorkeling excursion to nearby coral reefs, where you can observe vibrant tropical fish amidst colorful marine formations. Alternatively, immerse yourself in Vietnamese culinary traditions with a cooking class, learning to prepare local dishes using fresh ingredients. As evening draws in, a stroll through the night market offers a chance to sample street food delicacies and browse for local crafts and souvenirs.

Activities: Engage in sunrise beach yoga or relaxation.
Go snorkeling at coral reefs (optional).
Participate in a Vietnamese cooking class (optional).
Explore the night market for food and crafts.

Day 7 Nha Trang at Your Leisure

Meals: Breakfast | Stay: An Lam Retreats

Enjoy another day at your own pace in Nha Trang, allowing for further relaxation or exploration. You might choose to revisit a favorite spot from yesterday or discover new areas of the city. Consider spending more time by the ocean, perhaps trying out water sports or simply unwinding on the beach. This is an excellent opportunity to delve deeper into local culture, visit a museum, or simply enjoy the amenities of your luxury retreat. The flexibility of this day ensures you can truly rejuvenate and experience Nha Trang in a way that best suits your personal interests and wellness goals.

Activities: Relax on the beach or by the pool.
Explore local attractions independently.
Enjoy water sports or other leisure activities.
Savor local cuisine at your chosen pace.

Day 8 Doc Let Beach, Cham Towers & Therapeutic Mud Bath

Meals: Breakfast, Lunch | Stay: An Lam Retreats

Your morning begins with a scenic drive along the coast, leading to Doc Let Beach, a stunning 10-kilometer stretch of white sand ideal for a refreshing swim. This authentic coastal setting, with local fishing villages alongside its less-crowded shoreline, offers a peaceful escape. After enjoying a delicious seafood lunch at a beachfront restaurant, your journey continues to the historic Po Nagar Cham Towers. These remarkable structures, built between the 7th and 12th centuries without adhesive, are a significant pilgrimage site where devotees offer colorful tributes to Yang Ino Po Nagar, the Mother of the Cham Kingdom. The day culminates at a Hot Mineral Spring Center, where a natural healing experience awaits. Indulge in specialized therapeutic mud treatments, feeling the warm volcanic mud draw impurities from your skin while providing physical therapy. Complement the mud experience with soaks in mineral-rich waters of varying temperatures, known to improve circulation and skin complexion.

Activities: Drive to Doc Let Beach for swimming and relaxation.
Enjoy a seafood lunch at a beachfront restaurant.

Vietnam Coastal Wellness & Cultural Journey – 14 Days

14D / 13N	Easy	Private	USD 4,799 / pax
Duration	Difficulty	Tour Type	Starting From

Visit the ancient Po Nagar Cham Towers.
Experience therapeutic mud baths and mineral water soaks.

Day 9 Nha Trang to Hanoi & Old Quarter Stroll

Meals: Breakfast | Stay: Hotel de l'Opera Hanoi MGallery by Sofitel | Transport: Domestic flight, Private vehicle

Your journey from the coastal city of Nha Trang to the northern capital of Hanoi begins with a morning transfer to the airport for your flight. Upon arrival at Noi Bai International Airport, a friendly guide will greet you and provide transportation to your centrally located hotel in Hanoi. After checking into your accommodation and settling in, take the opportunity to explore the charming, narrow streets of the Old Quarter. This vibrant area is filled with local shops, street vendors, and cafes, offering a glimpse into Hanoi's daily life. In the afternoon, enjoy a leisurely stroll around Hoan Kiem Lake, a tranquil oasis where locals engage in tai chi and chess. This provides a perfect chance to observe the rhythms of Hanoi life while adjusting to the city's unique atmosphere.

Activities: Transfer to Nha Trang Airport for a flight to Hanoi.
Arrive at Noi Bai International Airport and transfer to your hotel.
Explore Hanoi's Old Quarter.
Stroll around Hoan Kiem Lake.

Day 10 Hanoi to Halong Bay Overnight Cruise & Cave Exploration

Meals: Breakfast | Stay: Elite of the Seas Cruise | Transport: Private vehicle, Cruise ship

Your adventure from Hanoi to the breathtaking Halong Bay commences with a morning transfer, offering scenic views of rural Vietnamese landscapes. Upon reaching the harbor, you'll be warmly welcomed aboard your luxurious cruise ship with refreshing beverages. As the vessel sets sail into the UNESCO World Heritage-listed waters, anticipation builds. A delicious lunch is served in the elegant onboard restaurant as your cruise navigates through the impressive limestone karsts. The afternoon provides an opportunity for optional massage and spa treatments, which can be reserved with your cruise manager. A highlight of the day is exploring Surprise Cave, one of Halong Bay's largest and most magnificent caverns, accessed by climbing 50 steps. As evening approaches, participate in a Vietnamese cooking class led by skilled chefs, followed by a delectable dinner featuring fresh seafood, served either on deck or in the dining room. The night offers entertainment options such as squid fishing, board games, or stargazing, before retiring to your comfortable cabin, lulled by the gentle motion of the boat.

Activities: Transfer from Hanoi to Halong Bay.
Board a luxury cruise ship and enjoy lunch.
Optional massage and spa treatments.
Explore Surprise Cave.
Attend a Vietnamese cooking class.
Enjoy a fresh seafood dinner.
Participate in evening entertainment like squid fishing.

Vietnam Coastal Wellness & Cultural Journey – 14 Days

14D / 13N	Easy	Private	USD 4,799 / pax
Duration	Difficulty	Tour Type	Starting From

Day 11 Halong Bay Sunrise & Titop Island Return to Hanoi

Meals: Breakfast | Stay: Hotel de l'Opera Hanoi MGallery by Sofitel | Transport: Cruise ship, Private vehicle

Begin your day with a captivating sunrise over Halong Bay, revealing the dramatic limestone formations bathed in morning light. Enjoy a light breakfast in the dining room, complete with freshly brewed coffee or tea. Many travelers find the optional Tai Chi class on deck particularly invigorating, preparing both body and mind for the day's final explorations. The cruise will then take you to Titop Island, a beautiful crescent-shaped island with sandy shores and clear waters. Explore this natural gem and ascend to the observation platform for breathtaking 360-degree panoramic views of the bay. The inviting warm waters are perfect for a refreshing swim before returning to the vessel for a delicious brunch. As the journey back to port continues, you'll have time to pack your belongings or relax on the sundeck. The cruise concludes at Tuan Chau Port around midday, followed by a transfer back to your hotel in Hanoi.

Activities: Witness sunrise over Halong Bay.
Enjoy a light breakfast and optional Tai Chi class.
Visit Titop Island for swimming and panoramic views.
Have brunch on the cruise.
Disembark at Tuan Chau Port and transfer to Hanoi.

Day 12 Comprehensive Health Check-up in Hanoi

Meals: Breakfast | Stay: Hotel de l'Opera Hanoi MGallery by Sofitel | Transport: Private vehicle

Today marks a significant step in your wellness journey with a comprehensive health check-up tailored to your specific needs. You will benefit from a seamless round-trip transfer to a state-of-the-art medical center, where experienced healthcare professionals will guide you through a thorough assessment. Your wellness program includes the Advanced Package – 65 Services, ensuring top-tier medical care and personalized attention. This package is designed to detect metabolic endocrine disorders, liver and gallbladder diseases, cardiovascular issues, lung conditions, thyroid disorders, osteoporosis, micronutrient deficiencies, electrolyte imbalances, and assess hepatitis virus infections (A, B, C). It also incorporates cancer marker blood tests for liver and prostate cancer (for males), and gynecological examinations and cancer screenings for cervical cancer, breast cancer, and ovarian cancer (for females). This day is dedicated to ensuring your optimal health and well-being.

Activities: Transfer to a medical center for a health check-up.
Undergo the Advanced Package – 65 Services health screening.
Consult with professional healthcare specialists.
Return to your hotel after the check-up.

Day 13 Intensive Traditional Medicine & Acupressure Therapy

Meals: Breakfast | Stay: Hotel de l'Opera Hanoi MGallery by Sofitel | Transport: Private vehicle

Experience profound healing and rejuvenation with a premium 180-minute intensive health care and treatment session today, meticulously designed to restore balance, enhance vitality, and promote overall well-being. Your session begins with a consultation and health assessment by specialized Traditional Medicine specialists. You will then receive a range of Traditional

Vietnam Coastal Wellness & Cultural Journey – 14 Days

14D / 13N	Easy	Private	USD 4,799 / pax
Duration	Difficulty	Tour Type	Starting From

Medicine therapies, including acupressure massage for muscle relief and improved circulation, cupping therapy, acupuncture, and herbal steam therapy, all aimed at promoting deep healing. Nutritional therapy is also provided, featuring carefully crafted dishes made with Traditional Medicine herbs. The Vinmec's Traditional Medicine Center, where these treatments take place, is renowned for its exceptional healthcare quality and a team of highly reputable specialists trained both domestically and internationally. All therapists are certified Traditional Medicine doctors, expertly combining Eastern Medicine principles with modern medical knowledge in a tranquil, private setting.

Activities: Consult with Traditional Medicine specialists.
Receive a 180-minute intensive health care and treatment session.
Experience acupressure massage, cupping, acupuncture, and herbal steam therapy.
Enjoy nutritional therapy with Traditional Medicine herbs.

Day 14 Hanoi Departure

Meals: Breakfast | Stay: NA | Transport: Private vehicle

On your final day, your comprehensive wellness journey through Vietnam concludes. Enjoy a last traditional breakfast at your hotel before checking out around noon. A private transfer will be arranged to take you to Noi Bai Airport for your departure flight. Reflect on the transformative experiences and rejuvenation gained over these fourteen days, from cultural discoveries to dedicated health and relaxation treatments.

Activities: Enjoy a final breakfast at your hotel.
Check out from your accommodation.
Transfer to Noi Bai Airport for departure.

WHAT'S INCLUDED

INCLUDED

- v Overnight stays in air-conditioned Twin/Double rooms at hotels.
- v All ground transportation in air-conditioned vehicles as per itinerary, including airport transfers.
- v Meals as specified: 12 breakfasts, 2 lunches, 2 dinners.
- v All entrance fees for sites mentioned in the itinerary.
- v Premium Intensive Health Care & Therapy Package (180 minutes).
- v General Health Check-up - Advanced Package with 65 services.
- v Two domestic flights: Da Nang to Nha Trang, and Nha Trang to Hanoi.

NOT INCLUDED

- x Early hotel check-in and late check-out.
- x Peak season surcharges and compulsory hotel dinners (if applicable).
- x International flights and associated taxes.
- x Vietnam Visa (requires passport valid for over 6 months and 3 clear pages).
- x Travel insurance.
- x Tips, laundry, and gratuities.
- x Meals not explicitly marked in the itinerary, and beverages during meals.
- x Fuel surcharge if fuel prices increase by more than 15%.

Vietnam Coastal Wellness & Cultural Journey – 14 Days

14D / 13N	Easy	Private	USD 4,799 / pax
Duration	Difficulty	Tour Type	Starting From

PRICE INCLUDES

- Overnight stays in air-conditioned Twin/Double rooms at hotels.
- All ground transportation in air-conditioned vehicles as per itinerary, including airport transfers.
- Meals as specified: 12 breakfasts, 2 lunches, 2 dinners.
- All entrance fees for sites mentioned in the itinerary.
- Premium Intensive Health Care & Therapy Package (180 minutes).
- General Health Check-up - Advanced Package with 65 services.
- Two domestic flights: Da Nang to Nha Trang, and Nha Trang to Hanoi.

CANCELLATION POLICY

Tour Code: IMP-AC6E20CB3804