

Vietnam Wellness Journey: Hanoi, Halong Bay & Phu Quoc Beaches – 12 Days

12D / 11N

Duration

Easy

Difficulty

Private

Tour Type

USD 3,100 / pax

Starting From

Discover Vietnam's cultural treasures and serene landscapes on a 12-day luxury wellness and spa journey. Enjoy rejuvenating treatments, explore ancient towns, cruise Halong Bay, and relax on Phu Quoc's pristine beaches.

DESTINATIONS & ROUTE

Hanoi → Ha Long → Da Nang → Hoi An → Ho Chi Minh City → Phu Quoc

TOUR OVERVIEW

This exclusive 12-day luxury wellness and spa tour invites you to experience Vietnam's diverse beauty and rich culture while prioritizing your relaxation and well-being. From the historic streets of Hanoi to the tranquil waters of Halong Bay, the charming ancient town of Hoi An, the vibrant energy of Ho Chi Minh City, and the pristine beaches of Phu Quoc, this journey offers a perfect blend of exploration and rejuvenation.

Tour Highlights

Overnight cruise through the magnificent limestone karsts of UNESCO-listed Halong Bay.

Indulge in a variety of spa treatments and participate in yoga sessions in picturesque settings.

Explore the cultural heritage of Hanoi, Vietnam's capital city.

Wander through the lantern-lit streets of Hoi An Ancient Town, a UNESCO World Heritage site.

Discover the rustic charm and culinary delights of the Mekong Delta.

Relax on the stunning white sands and clear waters of Phu Quoc Island.

Stay in luxurious 5-star accommodations throughout your journey.

Journey Through Vietnam's Iconic Landscapes

Your adventure begins in Hanoi, where you'll settle in and enjoy a welcome massage to ease into your vacation. The journey continues with an unforgettable overnight cruise on Halong Bay, exploring its famous caves and enjoying onboard activities. You'll then fly south to Hoi An for a dedicated wellness retreat, combining spa therapies with cultural exploration of the ancient town. The tour moves to the bustling Ho Chi Minh City, featuring a captivating excursion into the Mekong Delta to witness local life and savor regional cuisine. The final leg of your trip takes you to the idyllic island of Phu Quoc, offering days of leisure on its beautiful beaches and opportunities for further relaxation.

Who This Tour Suits

This private tour is ideal for seniors, luxury travelers, couples, and honeymooners seeking a blend of cultural immersion and profound relaxation. Guests should be comfortable with domestic flights and some walking during city and site explorations. The emphasis on wellness activities and high-end accommodations makes it perfect for those looking to unwind and be pampered.

Practical Information

All internal transfers, domestic flights, and specified meals are included for your convenience. You will have the support of local English-speaking guides at each destination. Accommodations are provided in 5-star hotels and resorts, ensuring comfort and luxury throughout your stay. Flexibility is offered for departure dates upon request, allowing you to tailor the journey to your schedule.

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TOUR HIGHLIGHTS

- * Experience an overnight luxury cruise amidst the dramatic limestone formations of Halong Bay.
- * Receive soothing spa treatments and participate in revitalizing yoga classes across various locations.
- * Discover the historical landmarks and vibrant street life of Vietnam's capital, Hanoi.
- * Wander through the charming ancient streets and explore cultural sites in Hoi An.
- * Take a boat trip along the Ham Luong River, exploring local industries in the Mekong Delta.
- * Relax on the pristine white sands and swim in the clear waters of Sao Beach in Phu Quoc.
- * Visit a pearl farm and a traditional sim wine distillery on Phu Quoc Island.
- * Enjoy stays in carefully selected 5-star hotels and resorts known for their comfort and service.

DAY-BY-DAY ITINERARY

Day 1

Hanoi Arrival and Rejuvenating Spa Treatment

Meals: NA | Stay: Hotel de l'Opera Hanoi MGallery by Sofitel

Upon your arrival in Hanoi, Vietnam's historic capital, a dedicated guide and driver will meet you at the airport. You will be comfortably transferred to your luxurious hotel in the city center for check-in. Following your journey, indulge in a restorative recovery massage at a highly-regarded local spa. This therapeutic session is specifically designed to alleviate muscle tension and counteract any effects of jet lag, ensuring you feel refreshed and prepared for the adventures ahead. The tranquil atmosphere and skilled therapists will help rejuvenate both your body and mind.

Day 2

Halong Bay Cruise and Cave Exploration

Meals: Breakfast, Lunch, Dinner | Stay: Overnight on cruise

After breakfast, depart from Hanoi for the scenic drive to Halong Bay, a breathtaking UNESCO World Heritage site renowned for its thousands of towering limestone islands and hidden grottoes. Upon boarding your luxury junk boat, you'll be welcomed with a refreshing drink as the vessel sets sail through the emerald waters. A delicious lunch will be served on board, allowing you to admire the stunning panorama of karst formations.

The afternoon is dedicated to exploring some of Halong Bay's most spectacular natural wonders, such as the impressive Sung Sot Cave (Surprise Cave) or the enchanting Thien Cung Cave (Heavenly Palace Cave). You will also have ample leisure time for swimming in the bay's calm waters, kayaking through secluded lagoons, or simply relaxing on the sundeck. As evening approaches, the cruise offers engaging activities like a cooking class, where you can learn to prepare traditional Vietnamese dishes, or trying your hand at squid fishing under the stars.

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Day 3**Halong Bay Sunrise, Island Visit, and Flight to Hoi An***Meals: Breakfast, Lunch | Stay: Anantara Hoi An Resort*

Begin your day with an early morning Tai Chi session on the sundeck, or simply witness the magnificent sunrise painting the Halong Bay landscape. Following breakfast on board, the cruise will visit an island, offering the opportunity to ascend to its peak for a panoramic vista of the bay or enjoy a swim at its beach. The vessel will then navigate past other notable islets, including Dog Island, Incense Burner Island, and Fighting Cock Island, showcasing more of the bay's unique rock formations. Later, you will check out from your cabin and enjoy a final brunch on board before returning to the harbor. A transfer will take you back to Hanoi, from where you will proceed to the airport for your domestic flight to Da Nang. Upon arrival in Da Nang, a waiting guide and driver will greet you and provide a comfortable transfer to Hoi An, a charming ancient town celebrated for its rich history and distinctive culture. You will spend the night in Hoi An, ready to explore its wonders.

Day 4**Hoi An Ancient Town Exploration and Wellness Activities***Meals: Breakfast | Stay: Anantara Hoi An Resort*

The next two days in Hoi An are dedicated to a rejuvenating wellness retreat, offering a selection of services to enhance your relaxation. You can choose from various treatments such as massages, facials, manicures, or pedicures. Additionally, there are opportunities to participate in yoga classes, Tai Chi sessions, and meditation workshops, all designed to calm your mind and revitalize your body.

Beyond the spa experiences, take time to explore the captivating ancient town of Hoi An. Consider visiting iconic landmarks like the Japanese Covered Bridge and the renowned Fujian Assembly Hall. Strolling through the pedestrian-friendly streets, particularly in the evening when lanterns illuminate the town, offers a truly magical experience. On Day 5, a special bamboo massage or Waffifo massage therapy session is included, providing deep relaxation and improved circulation through expert techniques with heated bamboo sticks, limited to 80 minutes per guest.

Day 5**Hoi An Ancient Town Exploration and Wellness Activities***Meals: Breakfast | Stay: Anantara Hoi An Resort*

The next two days in Hoi An are dedicated to a rejuvenating wellness retreat, offering a selection of services to enhance your relaxation. You can choose from various treatments such as massages, facials, manicures, or pedicures. Additionally, there are opportunities to participate in yoga classes, Tai Chi sessions, and meditation workshops, all designed to calm your mind and revitalize your body.

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Day 6**Flight to Ho Chi Minh City and Leisure Time***Meals: Breakfast | Stay: Renaissance Riverside Hotel Saigon*

After breakfast at your hotel, complete the check-out process. You will then be transferred to Da Nang Airport for your flight to Ho Chi Minh City, Vietnam's largest and most dynamic urban center. Upon your arrival, a local guide and driver will be waiting to provide a smooth transfer to your centrally located hotel. The remainder of the day is yours to enjoy at leisure, allowing you to relax at the hotel or begin discovering the city's vibrant atmosphere at your own pace.

Day 7**Mekong Delta River Cruise and Local Life Discovery***Meals: Breakfast, Lunch | Stay: Renaissance Riverside Hotel Saigon*

Following breakfast at your hotel, embark on a full-day excursion to the picturesque Ben Tre province in the Mekong Delta. A boat will transport you along the serene Ham Luong River, offering glimpses of local life along its banks. Your first stop is the Lan Thanh candy oven site, where you can observe the traditional process of making coconut candy, sample freshly made sweets, enjoy local fruit, and sip on warm honey water.

The boat journey continues to Nhon Thanh, where a 'xe loi' (local vehicle) awaits to take you on a short transfer to a charming local restaurant. A brief five-minute walk through a tranquil village, observing daily life, leads you to the dining spot. Here, with a scenic river view, you'll savor a delectable lunch featuring regional specialties such as elephant-ear fish and river shrimp, accompanied by refreshing beverages.

In the afternoon, unwind with a peaceful sampan ride along the winding canals, a perfect opportunity to admire the lush beauty of water coconut trees and capture memorable photographs. Each sampan typically accommodates two to three guests, providing an intimate experience of the delta's waterways. The excursion concludes with your return to Ho Chi Minh City, arriving back at your accommodation around 17:00 local time.

Day 8**Flight to Phu Quoc Island and Coastal Resort Stay***Meals: Breakfast | Stay: La Veranda Resort Phu Quoc*

Start your day with breakfast at your Ho Chi Minh City hotel, followed by check-out. You will then be transferred to the airport for your domestic flight to Phu Quoc, one of Vietnam's largest and most popular island destinations, renowned for its beautiful beaches. Upon arrival on Phu Quoc, a welcoming guide and driver will meet you and provide a comfortable transfer to your beachfront resort. The rest of the day is free for you to relax, settle into your luxurious surroundings, and enjoy the resort's amenities.

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Day 9**Southern Phu Quoc Island Exploration and Sao Beach Relaxation***Meals: Breakfast, Lunch | Stay: La Veranda Resort Phu Quoc*

At 08:30, a driver will pick you up from your hotel to commence a sightseeing tour of Phu Quoc's southern highlights. The journey begins with a visit to the Ngoc Hien Pearl Farm, where you can learn about the island's cultivated pearl industry. Next, explore the Sim Winery to understand the process of making delicious wine from Sim fruit. Depending on the season (May to October), you may also witness the stunning Suoi Tranh waterfall, originating from Ham Ninh Mountain and flowing through diverse forest landscapes.

After lunch, the tour continues to the significant Ho Quoc Pagoda, the island's largest Buddhist temple, offering serene views. You'll then have time to relax and swim at Sao Beach, famous for its pristine white sand and clear blue waters. The itinerary also includes a stop at the Coconut Prison, a poignant historical site built by French colonialists. By 17:00-17:30, you will depart for your journey back to the hotel in Phu Quoc.

Day 10**Leisure Days on Phu Quoc Island***Meals: Breakfast | Stay: La Veranda Resort Phu Quoc*

For the next two days, enjoy unrestricted leisure time to relax or explore Phu Quoc Island at your own pace. You can spend your mornings swimming in the resort's pool, engaging in various recreational games, or indulging in a luxurious spa treatment to further unwind. The resort provides a perfect setting for complete relaxation.

Alternatively, if you wish to explore more of the island, you have the option to rent a motorbike or car. Discover other attractions such as the Phu Quoc National Park, revisit the Suoi Tranh Waterfall, explore the Dinh Cau Temple, or delve into the history at the Phu Quoc Prison Museum. These days offer the flexibility to tailor your island experience to your personal preferences, whether it's active exploration or pure relaxation by the beach.

Day 11**Leisure Days on Phu Quoc Island***Meals: Breakfast | Stay: La Veranda Resort Phu Quoc*

For the next two days, enjoy unrestricted leisure time to relax or explore Phu Quoc Island at your own pace. You can spend your mornings swimming in the resort's pool, engaging in various recreational games, or indulging in a luxurious spa treatment to further unwind. The resort provides a perfect setting for complete relaxation.

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Day 12

Departure from Phu Quoc via Ho Chi Minh City

Meals: Breakfast

Savor your final breakfast at the resort before completing your check-out. A transfer will then take you to Phu Quoc airport for your domestic flight back to Ho Chi Minh City. From Ho Chi Minh City, you can seamlessly connect to your international onward flight, or choose to extend your stay in Vietnam to explore more of its captivating destinations. We trust you had a wonderful and rejuvenating experience on this tour, and we wish you a pleasant and safe journey home.

WHAT'S INCLUDED

INCLUDED

- ✓ 9 Breakfasts, 4 Lunches, 1 Dinner
- ✓ All transport within Vietnam (including airport pick up & see off), as per itinerary
- ✓ All in-tour stationed local English speaking guide
- ✓ 4 Domestic Flights Hanoi - Da Nang, Danang - Ho Chi Minh, Ho Chi Minh- Phu Quoc, Phu Quoc - Ho Chi Minh
- ✓ Entrance fees for Vietnam attractions, as per itinerary
- ✓ Accommodation in Twin/Double Bed sharing

NOT INCLUDED

PRICE INCLUDES

- ✓ 9 Breakfasts, 4 Lunches, 1 Dinner
- ✓ All transport within Vietnam (including airport pick up & see off), as per itinerary
- ✓ All in-tour stationed local English speaking guide
- ✓ 4 Domestic Flights Hanoi - Da Nang, Danang - Ho Chi Minh, Ho Chi Minh- Phu Quoc, Phu Quoc - Ho Chi Minh
- ✓ Entrance fees for Vietnam attractions, as per itinerary
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AVAILABLE DEPARTURES

Departure Date	Return Date	Price / Person	Availability	Languages
21 Dec 2026	20 Dec 2027	USD 3,213	Available	–

CANCELLATION POLICY

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